

# Foundation for Social Welfare Services

**Sedqa**

**Yearly**

**Statistical Report**

**2018**

**April**

**2019**

**Reporting on:**

**January to December**

**2018**



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*Online version*

# Foundation for Social Welfare Services

## Sedqa Yearly Statistical Report 2018

**Foundation for Social Welfare Services, Malta**  
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## Introduction

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This report provides, in tabular format, the statistical information regarding the services within Sedqa. The tables include, but are not limited to, the number of cases worked with, individuals worked with, number of referrals, new and re-contact cases, cases closed, and key demographic details. This information provides an indication of service performance and is used to determine the profiles of service users attending the various services.

The data contained in this report is based on information submitted by the services to the Research Team in March 2019. Where applicable, the report provides data on an individual level as well as on a family level. It is important to note that the same individuals may stop and start attending a given service multiple times in the reporting year and/or may be attending one or more services concurrently within the reporting period. As a result, the summing up of services may lead to an over-estimation of the number of individuals attending the agency.

This report would not have been possible without the kind assistance of each worker who diligently provided the data and of the people who keyed in all the data.

*The data contained in this report is subject to revision and modification, as and when the relevant information becomes available.*

## List of Acronyms

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Acronym	Description
AGCT	Alcohol and Gambling Community Service
DCT	Drugs Community Service
Court	Court Services
PSS	Psychological services
FTS	Family Therapy Services
Zerniq	Alcohol Rehabilitation Programme
SMOPU	Substance Misuse Out-patient Unit
SMIPU	Substance Misuse In-patients Unit
ASU	Assessment & Stabilisation Unit
KSM	Komunita` Santa Marija Drug Residential Rehabilitation Programme
YPJ	Your Parenting Journey
PPV	Primary Prevention Team
SAFE	Substance Abuse Free Employee Programme
TFAL	Tfal Favur Ambjent Liberu
GP	General Practitioner
CCF	Corradino Correctional Facility
MCH	Mount Carmel Hospital
NGO	Non-Governmental Organisation
FSWS	Foundation for Social Welfare Services
AGCT groups	Groups organised by the Alcohol and Gambling Community Service
SMOPU SW	Substance Misuse Out-patient Unit Social Work Unit

## Executive Summary

The following tables summarise the main statistics reported by the SEDQA services.

Service	Cases worked with	Individuals worked with
Alcohol and Gambling Community Service	450	444
Drugs Community Service	571	543
Court Services	104	104
Psychological services	416	394
Family Therapy Services	283	281
Alcohol Rehabilitation Programme	-	-
Substance Misuse Out-patient Unit	1055	1055
Substance Misuse In-patients Unit	234	183
Assessment & Stabilisation Unit	63	60
Komunita` Santa Marija Drug Residential Rehabilitation Programme	40	33
Your Parenting Journey	13	13

Service	Additional information
Primary Prevention Team	A total of <b>1000</b> interventions (talks, sessions, exhibitions etc.) were held, which consisted of approximately <b>2188.95</b> hours, with approximately <b>38961</b> participants. Approximately <b>22161</b> materials were distributed as well.
Alcohol and Gambling Community Service	<b>2551</b> appointments kept out of <b>3206</b> appointments scheduled.
Drugs Community Service	<b>2832</b> appointments kept out of <b>4119</b> appointments scheduled; A further <b>45</b> contact sessions were kept out of <b>67</b> contact sessions scheduled.
Substance Misuse Out-patient Unit	Average of <b>29</b> sessions per month provided by the Dual Diagnosis Clinic. Average of <b>1132.18</b> litres of methadone distributed each month.
Social Work at Substance Misuse Out-patient Unit	Average of <b>366</b> clients per month.

## Primary Prevention Team

The aim of the Primary Prevention Team (PPV) is to provide members of society with information about substances and to provide training programmes on topics such as healthy living, appreciation of one's abilities and self-determination.

Please note that since the same individuals may attend more than one talk/ session, the number of participants does not indicate the actual number of individuals attending and only provides an approximate number.

### PPV: Approximate number of intervention, hours of interventions, participants and materials distributed by prevention sector January – December 2018

	Number of Interventions*	Hours of Interventions	Number of Participants	Number of Materials Distributed
Primary sector	687	1517	29171	7848
Secondary sector	13	33	491	978
Community sector	124	296.5	4255	1702
Work sector	118	170.45	4518	11583
Positive parenting programme	58	172	526	50
<b>Total</b>	<b>1000</b>	<b>2188.95</b>	<b>38961</b>	<b>22161</b>

\*examples of interventions include talks, sessions, exhibitions etc.

### PPV: Approximate number of interventions co-ordinated and delivered on request by prevention sector and participant type January – December 2018

	Primary Sector	Secondary Sector	Community Sector	Work Sector	Positive parenting programme	Total
Children	592	1	33	0	1	627
Youths	0	6	44	1	0	51
Adults	94	2	36	117	57	306
Mixture of age groups	1	4	11	0	0	16
<b>Total</b>	<b>687</b>	<b>13</b>	<b>124</b>	<b>118</b>	<b>58</b>	<b>1000</b>

**PPV: Approximate number of interventions co-ordinated and delivered  
on request by prevention sector and district  
January – December 2018**

	Primary Sector	Secondary Sector	Community Sector	Work Sector	Positive parenting programme	Total
Northern Harbour District	222	9	33	55	27	346
Southern Harbour District	157	3	38	37	12	247
Western District	152	0	17	0	7	176
South Eastern District	100	0	3	23	0	126
Northern District	52	1	32	2	11	98
Gozo	4	0	1	1	1	7
Not residing in Malta	0	0	0	0	0	0
Not specified	0	0	0	0	0	0
<b>Total</b>	<b>687</b>	<b>13</b>	<b>124</b>	<b>118</b>	<b>58</b>	<b>1000</b>

**PPV: Approximate number of interventions co-ordinated and  
delivered on request by prevention sector and entity reached  
January – December 2018**

	Primary Sector	Secondary Sector	Community Sector	Work Sector	Positive parenting programme	Total
School	673	10	4	0	10	697
Employer/workplace	0	1	0	118	0	119
LEAP	14	0	26	0	16	56
Youth group	0	0	24	0	0	24
Association/group	0	2	18	0	2	22
Local council	0	0	5	0	16	21
Family related service	0	0	9	0	6	15
Residential home	0	0	9	0	5	14
Community centre	0	0	12	0	0	12
Sports related entity	0	0	10	0	0	10
Church related service	0	0	5	0	3	8
Private entity	0	0	2	0	0	2
Health related service	0	0	0	0	0	0
Band club	0	0	0	0	0	0
Media	0	0	0	0	0	0
<b>Total</b>	<b>687</b>	<b>13</b>	<b>124</b>	<b>118</b>	<b>58</b>	<b>1000</b>

<b>PPV: Approximate number of interventions co-ordinated and delivered on request by prevention sector and programme topic January – December 2018</b>						
	Primary Sector	Secondary Sector	Community Sector	Work Sector	Positive parenting programme	Total
TFAL programme	616	0	0	0	0	616
SAFE programme	0	0	0	117	0	117
Positive parenting programme	24	0	0	0	58	82
Self-development related	5	7	68	1	0	81
SKOLA sajf	40	0	25	0	0	65
Addiction related	0	6	16	0	0	22
Healthy living related	0	0	6	0	0	6
Bullying related	0	0	4	0	0	4
Prevention service awareness related	0	0	4	0	0	4
Parenting skills	1	0	0	0	0	1
Peer leadership	0	0	1	0	0	1
Other	1	0	0	0	0	1
<b>Total</b>	<b>687</b>	<b>13</b>	<b>124</b>	<b>118</b>	<b>58</b>	<b>1000</b>

<b>PPV: Approximate number of interventions co-ordinated and delivered on request by programme topic and month of intervention January – December 2018</b>													
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
TFAL programme	49	90	103	67	59	20	0	0	1	96	98	33	616
SAFE programme	5	10	9	11	12	11	8	7	11	20	13	0	117
Positive parenting programme	0	2	4	3	32	13	3	0	4	7	14	0	82
Self-development related	2	5	3	5	15	4	7	5	10	15	6	4	81
SKOLA sajf	0	0	0	0	0	0	37	26	2	0	0	0	65
Addiction related	1	1	0	2	1	2	0	0	2	6	7	0	22
Healthy living related	0	0	0	1	0	0	1	0	2	2	0	0	6
Bullying related	0	0	1	0	0	0	0	0	0	2	1	0	4
Prevention service awareness related	0	0	0	0	0	1	0	2	1	0	0	0	4
Parenting skills	0	0	0	1	0	0	0	0	0	0	0	0	1
Peer leadership	0	0	0	0	0	0	0	0	0	0	0	1	1
Other	0	0	0	0	0	0	0	0	1	0	0	0	1
<b>Total</b>	<b>57</b>	<b>108</b>	<b>120</b>	<b>90</b>	<b>119</b>	<b>51</b>	<b>56</b>	<b>40</b>	<b>34</b>	<b>148</b>	<b>139</b>	<b>38</b>	<b>1000</b>

## Alcohol and Gambling Community Service

The aim of the Alcohol and Gambling Community Services (AGCT) is to provide support at community level to persons abusing alcohol, persons with gambling issues and their families.

Unless otherwise specified, an *index person* refers to the person with the actual problem e.g. drug addiction, addiction to gambling etc, for which the person is seeking assistance from this unit.

*Significant other* refers to an individual who is seeking assistance from Sedqa because of another person's problems (to whom they are closely involved with), and this other person is not currently a client within the unit.

AGCT: Total number of individual clients who attended at least once by primary problem and client type January – December 2018				
	Alcohol problem only	Gambling problem only	Both alcohol and gambling problem	Total
Index clients	302	102	13	417
Significant others	26	0	1	27
<b>Total</b>	<b>328</b>	<b>102</b>	<b>14</b>	<b>444</b>

AGCT: Total number of individual clients (index persons and significant others) who attended at least once by primary problem and status January – December 2018				
	Alcohol problem only	Gambling problem only	Both alcohol and gambling problem	Total
New clients	77	10	0	87
Re-contact clients	40	7	3	50
Known clients	211	85	11	307
<b>Total</b>	<b>328</b>	<b>102</b>	<b>14</b>	<b>444</b>

*9 index clients and 0 significant other clients re-contacted within the same year.*

**AGCT: Total number of individual clients who attended at least once by primary problem and sex  
January – December 2018**

Index persons				
	Alcohol problem only	Gambling problem only	Both alcohol and gambling problem	Total
Male	221	76	13	310
Female	81	26	0	107
<b>Total</b>	<b>302</b>	<b>102</b>	<b>13</b>	<b>417</b>
Significant others				
	Alcohol problem only	Gambling problem only	Both alcohol and gambling problem	Total
Male	4	0	0	4
Female	22	0	1	23
<b>Total</b>	<b>26</b>	<b>0</b>	<b>1</b>	<b>27</b>

**AGCT: Total number of new and re-contact index clients who attended at least once by primary drug/problem\* and secondary drug/ problem\*  
January – December 2018**

		Primary drug/ problem reported				
		Alcohol	Gambling	Ampheta mines	Cocaine	Total
Secondary drug/ problem reported	Cocaine	17	0	0	0	17
	Cannabis	3	0	0	0	3
	Gambling	3	0	0	0	3
	Heroin	2	0	0	0	2
	Alcohol	0	0	0	0	0
	Ecstasy	0	0	0	0	0
	None reported	84	19	0	0	103
	<b>Total</b>	<b>109</b>	<b>19</b>	<b>0</b>	<b>0</b>	<b>128</b>

**All Clients with an Alcohol Problem**

Some of the clients attending the service due to an alcohol problem also attend due to a gambling problem and will be recorded under the gambling section as well.

**AGCT: Total number of clients (index persons and significant others) reporting an alcohol problem who attended at least once by sex and status  
January – December 2018**

Index persons			
	Male	Female	Total
New clients	50	13	63
Re-contact clients	35	7	42
Known clients	149	61	210
<b>Total</b>	<b>234</b>	<b>81</b>	<b>315</b>
<i>4 index clients and 0 Significant others re-contacted within the same year</i>			
Significant others			
	Male	Female	Total
New clients	2	12	14
Re-contact clients	0	1	1
Known clients	2	10	12
<b>Total</b>	<b>4</b>	<b>23</b>	<b>27</b>

A total of **342** individual persons attended AGCT between January and December 2018 for an alcohol problem, of which **315** were index clients and **27** were significant other clients.

An **index person** refers to the person with the actual problem e.g. drug addiction, addiction to gambling etc., for which the person is seeking assistance from this unit. **Significant other** refers to an individual who is seeking assistance from Sedqa because of another person's problems (to whom they are closely involved with), and this other person is not currently a client within the unit.

**AGCT: Total number of individual clients (index persons and significant others) who attended at least once for an alcohol problem by sex and age  
January – December 2018**

	Male	Female	Total
≤17	0	1	1
18-19	1	0	1
20-24	1	1	2
25-29	11	2	13
30-34	17	7	24
35-39	35	15	50
40-44	33	13	46
45-49	26	13	39
50-54	26	13	39
55-59	28	13	41
≥60	44	18	62
Not specified	16	8	24
<b>Total</b>	<b>238</b>	<b>104</b>	<b>342</b>

**AGCT: Total number of individual clients (index persons and significant others) who attended at least once for an alcohol problem by sex and district of residence  
January – December 2018**

	Male	Female	Total
Northern Harbour District	86	39	125
Southern Harbour District	49	16	65
Northern District	41	22	63
Western District	25	15	40
South Eastern District	27	8	35
Gozo and Comino	1	2	3
Institution or shelter	4	0	4
Homeless	2	1	3
Not residing in Malta	0	0	0
Not specified	3	1	4
<b>Total</b>	<b>238</b>	<b>104</b>	<b>342</b>

**AGCT: Number of clients (index persons and significant others) referred for an alcohol problem by sex and month of referral  
January – December 2018**

**Cases referred and began attending the service**

	Male	Female	Total
January	6	2	8
February	15	4	19
March	16	3	19
April	10	3	13
May	15	6	21
June	5	1	6
July	7	5	12
August	7	5	12
September	6	6	12
October	7	3	10
November	5	0	5
December	4	0	4
<b>Total</b>	<b>103</b>	<b>38</b>	<b>141</b>

**Additional cases referred but who were not interested in attending the service**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
No. of cases	6	10	9	3	5	5	1	5	2	5	0	0	51

**AGCT: Number of clients (index persons and significant others) referred for an alcohol problem each month by type of referral**

January – December 2018												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Self-referred	5	8	14	11	17	6	10	9	7	7	4	4
Hospital, other medical service or GP	1	4	1	1	0	0	1	2	2	0	0	0
Courts, CCF, police or probation	0	2	1	0	1	0	0	0	2	0	0	0
Family	1	2	0	0	1	0	1	0	0	1	0	0
Psychiatric services, MCH	1	1	1	0	0	0	0	1	0	1	0	0
Other Sedqa services	0	1	1	1	1	0	0	0	0	0	0	0
Other FSWS services	0	0	0	0	1	0	0	0	0	0	1	0
Friend or acquaintance	0	1	0	0	0	0	0	0	0	0	0	0
Other NGO	0	0	0	0	0	0	0	0	0	1	0	0
Government department	0	0	0	0	0	0	0	0	0	0	0	0
Other professional	0	0	0	0	0	0	0	0	0	0	0	0
Other social work services	0	0	0	0	0	0	0	0	0	0	0	0
Parish or other church organisation	0	0	0	0	0	0	0	0	0	0	0	0
Place of employment	0	0	0	0	0	0	0	0	0	0	0	0
Private psychiatrist/psychologist	0	0	0	0	0	0	0	0	0	0	0	0
School	0	0	0	0	0	0	0	0	0	0	0	0
Not specified	0	0	1	0	0	0	0	0	1	0	0	0
<b>Total</b>	<b>8</b>	<b>19</b>	<b>19</b>	<b>13</b>	<b>21</b>	<b>6</b>	<b>12</b>	<b>12</b>	<b>12</b>	<b>10</b>	<b>5</b>	<b>4</b>

**AGCT: Number of new clients (index persons and significant others) with an alcohol problem by sex and month starting January – December 2018**

	Male	Female	Total
January	1	1	2
February	5	3	8
March	6	0	6
April	5	1	6
May	5	2	7
June	4	1	5
July	5	1	6
August	6	9	15
September	3	2	5
October	5	4	9
November	7	1	8
December	0	0	0
<b>Total</b>	<b>52</b>	<b>25</b>	<b>77</b>

**AGCT: Number of new and re-contact clients (index persons and significant others) with an alcohol problem by sex and month starting**

January – December 2018			
	Male	Female	Total
January	3	3	6
February	13	4	17
March	11	1	12
April	10	3	13
May	9	3	12
June	5	1	6
July	7	1	8
August	11	9	20
September	5	4	9
October	6	5	11
November	7	1	8
December	2	0	2
<b>Total</b>	<b>89</b>	<b>35</b>	<b>124</b>

AGCT: Number of clients (index persons and significant others) with an alcohol problem by sex and reason for termination January – December 2018			
	Male	Female	Total
Lost contact (terminated without notice)	36	18	54
Programme/ treatment completed	14	10	24
Terminated against advice	19	14	33
Transferred	2	1	3
Disciplinary cessation	0	0	0
Deceased	1	0	1
<b>Total</b>	<b>72</b>	<b>43</b>	<b>115</b>

**AGCT: Total number of appointments with clients (index persons and significant others) with an alcohol problem each month by outcome  
January – December 2018**

Index persons												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Cancelled	15	11	23	14	5	13	14	13	4	17	17	14
Did not show	14	12	22	21	17	17	21	33	22	26	18	14
Rescheduled	18	13	13	8	14	7	21	16	20	11	13	15
<b>Total</b>	<b>47</b>	<b>36</b>	<b>58</b>	<b>43</b>	<b>36</b>	<b>37</b>	<b>56</b>	<b>62</b>	<b>46</b>	<b>54</b>	<b>48</b>	<b>43</b>
Appointments kept	154	179	157	203	216	177	181	233	197	206	188	142
Significant others												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Cancelled	0	2	2	1	1	0	0	0	0	0	1	1
Did not show	0	1	1	0	0	2	0	2	1	4	2	0
Rescheduled	1	2	1	0	0	0	2	0	0	2	1	1
<b>Total</b>	<b>1</b>	<b>5</b>	<b>4</b>	<b>1</b>	<b>1</b>	<b>2</b>	<b>2</b>	<b>2</b>	<b>1</b>	<b>6</b>	<b>4</b>	<b>2</b>
Appointments kept	12	10	2	6	6	7	2	5	9	18	16	7

**AGCT: Number of sessions carried out with clients (index persons and significant others) with an alcohol problem each month by attendee  
January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Client only	138	142	120	159	168	141	148	192	175	196	177	126
Significant other only	1	3	3	1	5	3	4	3	2	7	2	3
Client & significant other/s	4	12	13	17	16	5	3	10	7	7	6	4
Client & professional/s	17	17	12	24	22	26	21	26	18	6	15	13
Client, significant other & professional/s	0	3	1	1	5	0	3	2	3	2	0	1
Significant other & professional/s	0	0	0	0	0	0	2	0	0	2	0	0
Professional/s only	6	12	10	7	6	9	2	5	1	4	4	2
<b>Total</b>	<b>166</b>	<b>189</b>	<b>159</b>	<b>209</b>	<b>222</b>	<b>184</b>	<b>183</b>	<b>238</b>	<b>206</b>	<b>224</b>	<b>204</b>	<b>149</b>

*Note: Significant others includes all individuals closely involved in a person's life whether this other person was attending the unit or not.*

**AGCT: Number of sessions carried out with clients (index persons and significant others) with an alcohol problem each month by location of session  
January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
AGCT Sedqa	120	124	99	149	167	129	149	179	156	161	157	127
Home visits	5	3	6	7	6	10	7	7	6	3	4	1
Mental health service	7	8	17	4	12	7	3	6	1	8	4	4
Hospital/ other medical facility	2	6	2	1	6	4	0	3	3	3	2	3
Other Sedqa services	3	7	2	6	6	4	2	9	8	4	2	3
Zernieq Sedqa	4	6	3	9	3	3	5	13	14	27	17	4
Courts/ prison/ probation	3	8	2	2	4	11	1	4	7	5	10	2
Via telephone	3	6	14	19	5	5	7	4	5	3	2	3
Other FSWS	4	6	2	2	8	3	3	3	2	7	0	0
ASU Sedqa	1	7	4	5	1	2	0	0	0	1	2	0
Community visits	6	4	7	2	2	2	6	8	4	2	3	2
Stimulants clinic	0	0	0	0	0	0	0	0	0	0	0	0
Other NGO	6	4	1	3	2	3	0	2	0	0	0	0
Other	2	0	0	0	0	1	0	0	0	0	1	0
Not specified	0	0	0	0	0	0	0	0	0	0	0	0
<b>Total</b>	<b>166</b>	<b>189</b>	<b>159</b>	<b>209</b>	<b>222</b>	<b>184</b>	<b>183</b>	<b>238</b>	<b>206</b>	<b>224</b>	<b>204</b>	<b>149</b>

**AGCT: Number of sessions carried out with clients (index persons and significant others) with an alcohol problem each month by type of session  
January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Counselling session <sup>1</sup>	110	93	11	6	0	0	7	10	14	14	20	16
Support session	23	34	97	137	166	126	132	172	156	157	141	103
Assessment	6	12	16	13	12	6	11	16	6	14	8	3
Brief intervention	2	14	8	14	8	9	8	2	7	6	5	8
Case conference	7	2	1	2	7	7	0	3	3	8	1	0
Advocacy	5	8	10	10	8	5	6	6	5	10	5	2
Court visit	2	4	0	1	3	7	0	0	1	0	2	1
Crisis intervention	0	0	0	0	0	0	0	0	0	0	0	0
Appointment with doctor	11	22	16	26	18	24	19	29	14	15	22	16
Group session	0	0	0	0	0	0	0	0	0	0	0	0
Not specified	0	0	0	0	0	0	0	0	0	0	0	0
<b>Total</b>	<b>166</b>	<b>189</b>	<b>159</b>	<b>209</b>	<b>222</b>	<b>184</b>	<b>183</b>	<b>238</b>	<b>206</b>	<b>224</b>	<b>204</b>	<b>149</b>

<sup>1</sup> It is termed counselling session only in name but it has no relation to the Counselling Profession. The term actually refers to a psycho-social session conducted by a social worker. This is a session (office visit) delivered by a professional as part of the care process. These sessions include but are not limited to motivational sessions, care-plan planning, monitoring of client progress and after-care sessions. The term is used in the report for standardisation of past reports; however, the term will be discontinued in future as per Chapter 538 Counselling profession.

## All Clients with a Gambling Problem

Some of the clients attending for a gambling problem also attend for an alcohol problem and will be recorded under the alcohol section as well.

AGCT: Total number of clients (index persons and significant others) with a gambling problem who attended at least once by sex and status January – December 2018			
Index persons			
	Male	Female	Total
New clients	6	4	10
Re-contact clients	10	0	10
Known clients	73	22	95
<b>Total</b>	<b>89</b>	<b>26</b>	<b>115</b>
<i>2 index clients re-contacted within the same year</i>			
Significant others			
	Male	Female	Total
New clients	0	0	0
Re-contact clients	0	0	0
Known clients	0	1	1
<b>Total</b>	<b>0</b>	<b>1</b>	<b>1</b>

A total of **116** individual persons attended AGCT between January and December 2018 for a gambling problem, of which **115** were index clients and **1** were significant other clients.

*An **index person** refers to the person with the actual problem e.g. drug addiction, addiction to gambling etc., for which the person is seeking assistance from this unit. **Significant other** refers to an individual who is seeking assistance from Sedqa because of another person's problems (to whom they are closely involved with), and this other person is not currently a client within the unit.*

**AGCT: Total number of individual clients (index persons and significant others) who attended at least once for a gambling problem by sex and age  
January – December 2018**

	Male	Female	Total
≤17	0	0	0
18-19	0	0	0
20-24	2	0	2
25-29	3	0	3
30-34	5	1	6
35-39	1	2	3
40-44	8	0	8
45-49	8	0	8
50-54	6	3	9
55-59	6	1	7
≥60	17	4	21
Not specified	33	16	49
<b>Total</b>	<b>89</b>	<b>27</b>	<b>116</b>

**AGCT: Total number of individual clients (index persons and significant others) who attended at least once for a gambling problem by sex and district of residence  
January – December 2018**

	Male	Female	Total
Southern Harbour District	24	3	27
Northern Harbour District	18	8	26
Northern District	17	5	22
South Eastern District	10	2	12
Western District	10	0	10
Gozo and Comino	0	0	0
Institution or shelter	2	0	2
Homeless	0	2	2
Not residing in Malta	0	0	0
Not specified	8	7	15
<b>Total</b>	<b>89</b>	<b>27</b>	<b>116</b>

**AGCT: Number of clients (index persons and significant others) referred for a gambling problem by sex and month of referral  
January – December 2018**

<b>Cases referred and began attending the service</b>													
	Male				Female				Total				
January	0				0				0				
February	2				0				2				
March	0				0				0				
April	6				1				7				
May	5				0				5				
June	1				1				2				
July	0				1				1				
August	2				0				2				
September	2				0				2				
October	2				0				2				
November	0				0				0				
December	0				0				0				
<b>Total</b>	<b>20</b>				<b>3</b>				<b>23</b>				
<b>Additional cases referred but who were not interested in attending the service</b>													
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
No. of cases	1	1	1	0	2	0	0	0	1	1	1	0	8

**AGCT: Number of clients (index persons and significant others) referred for a gambling problem each month by type of referral  
January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Self-referred	0	2	0	6	3	0	1	2	2	2	0	0
Government department	0	0	0	0	1	1	0	0	0	0	0	0
Courts, CCF, police or probation	0	0	0	0	0	1	0	0	0	0	0	0
Hospital, other medical service or GP	0	0	0	0	1	0	0	0	0	0	0	0
Other FSWS services	0	0	0	1	0	0	0	0	0	0	0	0
Family	0	0	0	0	0	0	0	0	0	0	0	0
Other Sedqa services	0	0	0	0	0	0	0	0	0	0	0	0
Psychiatric services, MCH	0	0	0	0	0	0	0	0	0	0	0	0
Other NGO	0	0	0	0	0	0	0	0	0	0	0	0
Friend or acquaintance	0	0	0	0	0	0	0	0	0	0	0	0
Parish or other church organisation	0	0	0	0	0	0	0	0	0	0	0	0
Place of employment	0	0	0	0	0	0	0	0	0	0	0	0
Private psychiatrist/psychologist	0	0	0	0	0	0	0	0	0	0	0	0
School	0	0	0	0	0	0	0	0	0	0	0	0
Not specified	0	0	0	0	0	0	0	0	0	0	0	0
<b>Total</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>7</b>	<b>5</b>	<b>2</b>	<b>1</b>	<b>2</b>	<b>2</b>	<b>2</b>	<b>0</b>	<b>0</b>

**AGCT: Number of new clients (index persons and significant others) with a gambling problem by sex and month starting  
January – December 2018**

	Male	Female	Total
January	0	1	1
February	1	0	1
March	0	0	0
April	1	0	1
May	0	1	1
June	1	0	1
July	0	0	0
August	1	2	3
September	2	0	2
October	0	0	0
November	0	0	0
December	0	0	0
<b>Total</b>	<b>6</b>	<b>4</b>	<b>10</b>

**AGCT: Number of new and re-contact clients (index persons and significant others) with a gambling problem by sex and month starting  
January – December 2018**

	Male	Female	Total
January	0	1	1
February	2	0	2
March	0	0	0
April	3	0	3
May	1	1	2
June	2	0	2
July	2	0	2
August	2	2	4
September	4	0	4
October	1	0	1
November	1	0	1
December	0	0	0
<b>Total</b>	<b>18</b>	<b>4</b>	<b>22</b>

**AGCT: Number of clients (index persons and significant others) with a gambling problem by sex and reason for termination  
January – December 2018**

	Male	Female	Total
Lost contact (terminated without notice)	7	1	8
Programme/treatment completed	4	2	6
Terminated against advice	2	0	2
Transferred	0	0	0
Deceased	0	0	0
<b>Total</b>	<b>13</b>	<b>3</b>	<b>16</b>

**AGCT: Total number of appointments with clients (index persons and significant others) with a gambling problem each month by outcome  
January – December 2018**

Index persons												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Cancelled	1	0	0	0	0	0	0	2	0	2	2	4
Did not show	5	4	0	1	5	3	4	7	5	6	2	4
Rescheduled	1	0	2	0	1	2	0	4	2	3	2	3
<b>Total</b>	<b>7</b>	<b>4</b>	<b>2</b>	<b>1</b>	<b>6</b>	<b>5</b>	<b>4</b>	<b>13</b>	<b>7</b>	<b>11</b>	<b>6</b>	<b>11</b>
Appointments kept	15	12	12	18	29	20	20	32	36	40	44	18
Significant others												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Cancelled	0	0	0	0	0	0	0	0	0	0	0	0
Did not show	0	0	0	0	0	0	0	0	0	0	0	0
Rescheduled	0	0	0	0	0	0	0	0	0	0	0	0
<b>Total</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
Appointments kept	2	0	0	0	0	0	0	0	0	0	0	0

**AGCT: Number of sessions carried out with clients (index persons and significant others) with a gambling problem each month by attendee**  
**January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Client only	16	11	7	15	24	17	16	30	30	33	38	13
Significant other only	1	0	1	0	0	0	0	0	0	3	1	0
Client & significant other/s	0	0	1	1	2	0	0	0	0	2	2	2
Client & professional/s	0	1	3	2	2	1	3	2	6	2	1	3
Client, significant other & professional/s	0	0	0	0	0	0	0	0	0	0	0	0
Significant other & professional/s	0	0	0	0	0	0	0	0	0	0	0	0
Professional/s only	0	0	0	0	1	2	1	0	0	0	2	0
<b>Total</b>	<b>17</b>	<b>12</b>	<b>12</b>	<b>18</b>	<b>29</b>	<b>20</b>	<b>20</b>	<b>32</b>	<b>36</b>	<b>40</b>	<b>44</b>	<b>18</b>

*Note: Significant others includes all individuals closely involved in a person's life whether this other person was attending the unit or not.*

**AGCT: Number of sessions carried out with clients (index persons and significant others) with a gambling problem each month by location of session**  
**January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
AGCT Sedqa	16	10	10	17	26	13	15	26	28	34	43	18
Home visits	1	0	1	0	1	0	0	0	0	0	0	0
Mental health service	0	0	0	0	1	0	0	1	0	1	0	0
Hospital/ other medical facility	0	0	0	0	0	0	1	0	0	0	0	0
Other Sedqa services	0	0	0	0	0	2	0	0	0	1	0	0
Zernieq Sedqa	0	0	0	0	0	1	2	4	3	0	0	0
Courts/ prison/ probation	0	2	0	1	0	0	0	1	2	1	0	0
Via telephone	0	0	0	0	0	2	0	0	2	1	1	0
Other FSWS	0	0	0	0	1	1	1	0	0	0	0	0
ASU Sedqa	0	0	0	0	0	0	0	0	0	0	0	0
Community visits	0	0	0	0	0	0	0	0	0	0	0	0
Stimulants clinic	0	0	0	0	0	0	0	0	0	0	0	0
Other NGO	0	0	1	0	0	1	1	0	1	2	0	0
Other	0	0	0	0	0	0	0	0	0	0	0	0
Not specified	0	0	0	0	0	0	0	0	0	0	0	0
<b>Total</b>	<b>17</b>	<b>12</b>	<b>12</b>	<b>18</b>	<b>29</b>	<b>20</b>	<b>20</b>	<b>32</b>	<b>36</b>	<b>40</b>	<b>44</b>	<b>18</b>

**AGCT: Number of sessions carried out with clients (index persons and significant others) with a gambling problem each month by type of session  
January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Counselling session <sup>2</sup>	14	8	0	0	0	0	0	1	3	7	7	4
Support session	3	2	9	12	18	14	15	22	28	30	32	12
Assessment	0	1	0	1	5	1	1	5	3	0	1	0
Brief intervention	0	0	0	2	4	1	1	0	0	0	0	0
Case conference	0	0	1	0	0	1	0	0	0	1	0	0
Advocacy	0	0	0	0	1	1	1	0	0	1	3	0
Court visit	0	0	0	0	0	0	0	0	0	0	0	0
Crisis intervention	0	0	0	0	0	0	0	0	0	0	0	0
Appointment with doctor	0	1	2	3	1	2	2	4	2	1	1	2
Group session	0	0	0	0	0	0	0	0	0	0	0	0
Not specified	0	0	0	0	0	0	0	0	0	0	0	0
<b>Total</b>	<b>17</b>	<b>12</b>	<b>12</b>	<b>18</b>	<b>29</b>	<b>20</b>	<b>20</b>	<b>32</b>	<b>36</b>	<b>40</b>	<b>44</b>	<b>18</b>

### Groups organised by the Alcohol and Gambling Community Service

**AGCT groups: Total number of individual clients who attended at least once by sex and client type  
January – December 2018**

	Male	Female	Sex not specified	Total
Index clients	42	17	0	59
Significant others	2	5	0	7
<b>Total</b>	<b>44</b>	<b>22</b>	<b>0</b>	<b>66</b>

<sup>2</sup> It is termed counselling session only in name but it has no relation to the Counselling Profession. The term actually refers to a psycho-social session conducted by a social worker. This is a session (office visit) delivered by a professional as part of the care process. These sessions include but are not limited to motivational sessions, care-plan planning, monitoring of client progress and after-care sessions. The term is used in the report for standardisation of past reports; however, the term will be discontinued in future as per Chapter 538 Counselling profession.

**AGCT groups: Total number of individual clients who attended at least once by sex and district of residence  
January – December 2018**

	Male	Female	Sex not specified	Total
Southern Harbour District	4	1	0	5
Northern Harbour District	3	0	0	3
South Eastern District	3	0	0	3
Western District	2	1	0	3
Gozo and Comino	1	1	0	2
Northern District	0	1	0	1
Not residing in Malta	0	0	0	0
Not specified	31	18	0	49
<b>Total</b>	<b>44</b>	<b>22</b>	<b>0</b>	<b>66</b>

**AGCT groups: Total number of groups organised, the total number of attendees, and the number of individual clients (index persons and significant others) each month.  
January – December 2018**

Groups													
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Open	8	7	6	7	6	6	7	9	7	8	7	1	79
Alcohol	0	0	0	0	0	0	0	0	0	0	0	0	0
English	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>Total</b>	<b>8</b>	<b>7</b>	<b>6</b>	<b>7</b>	<b>6</b>	<b>6</b>	<b>7</b>	<b>9</b>	<b>7</b>	<b>8</b>	<b>7</b>	<b>1</b>	<b>79</b>
No. of attendees	37	33	27	36	30	37	42	71	62	76	62	8	521
Individual clients													
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
Index clients	14	9	11	14	12	13	14	19	15	16	16	8	
Significant others	1	0	0	2	1	1	2	4	1	2	0	0	
<b>Total</b>	<b>15</b>	<b>9</b>	<b>11</b>	<b>16</b>	<b>13</b>	<b>14</b>	<b>16</b>	<b>23</b>	<b>16</b>	<b>18</b>	<b>16</b>	<b>8</b>	

## Drug Community Services

The aim of the Drug and Court Community Services is to provide information, advice, outreach work, assessment, and aftercare, at the community level, to service users and their families struggling with drug related issues.

### DCT: Number of referrals each month by place of referral January – December 2018

#### Cases referred and registered

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Self-referred	23	13	24	17	23	24	20	37	21	29	24	16	271
Courts, CCF, police or probation	0	3	4	1	2	0	4	2	1	2	2	0	21
Other Sedqa service	0	1	1	1	1	1	3	2	2	0	2	0	14
Other FSWS services	0	0	2	1	1	0	2	1	0	2	0	0	9
Psychiatric services, MCH	0	0	0	1	2	0	0	0	0	1	0	1	5
Family	0	0	0	0	1	0	0	0	1	1	0	0	3
Caritas	0	0	0	0	1	0	0	0	0	0	0	0	1
Hospital, other medical service or GP	0	0	0	0	0	0	0	0	1	0	0	0	1
Other NGO	0	0	0	1	0	0	0	0	0	0	0	0	1
Place of employment	1	0	0	0	0	0	0	0	0	0	0	0	1
Friend or acquaintance	0	0	0	0	0	0	0	0	0	0	0	0	0
Parish or other church organisation	0	0	0	0	0	0	0	0	0	0	0	0	0
Private psychiatrist/psychologist	0	0	0	0	0	0	0	0	0	0	0	0	0
School	0	0	0	0	0	0	0	0	0	0	0	0	0
Government department	0	0	0	0	0	0	0	0	0	0	0	0	0
Other	0	0	0	0	0	0	0	0	0	0	0	0	0
Not specified	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>Total</b>	<b>24</b>	<b>17</b>	<b>31</b>	<b>22</b>	<b>31</b>	<b>25</b>	<b>29</b>	<b>42</b>	<b>26</b>	<b>35</b>	<b>28</b>	<b>17</b>	<b>327</b>

#### Additional cases referred but who were not interested in attending the service

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
No. of cases	4	8	6	10	8	3	4	7	5	6	6	0	67

### DCT: Total number of individual clients who attended at least once by sex and client type January – December 2018

	Male	Female	Total
Index client	421	109	530
Significant other	4	9	13
<b>Total</b>	<b>425</b>	<b>118</b>	<b>543</b>

A total of 543 individual persons were worked with between January to December 2018, of which 530 were index clients and 13 were significant other clients.

An **index person** refers to the person with the actual problem e.g. drug addiction, addiction to gambling etc., for which the person is seeking assistance from this unit. **Significant other** refers to an individual who is seeking assistance from Sedqa because of another person's problems (to whom they are closely involved with), and this other person is not currently a client within the unit.

<b>DCT: Total number of individual clients who attended at least once by sex and age</b>			
<b>January – December 2018</b>			
	<b>Male</b>	<b>Female</b>	<b>Total</b>
≤17	0	0	0
18-19	20	3	23
20-24	51	13	64
25-29	79	18	97
30-34	75	28	103
35-39	80	23	103
40-44	68	17	85
45-49	28	8	36
50-54	13	3	16
55-59	7	3	10
≥60	4	2	6
Not specified	0	0	0
<b>Total</b>	<b>425</b>	<b>118</b>	<b>543</b>

<b>DCT: Total number of individual clients who attended at least once by status and age</b>				
<b>January – December 2018</b>				
	<b>New clients</b>	<b>Re-contact clients</b>	<b>Known clients</b>	<b>Total</b>
≤17	0	0	0	0
18-19	15	3	5	23
20-24	33	6	25	64
25-29	41	24	32	97
30-34	36	35	32	103
35-39	27	37	39	103
40-44	13	31	41	85
45-49	10	7	19	36
50-54	5	3	8	16
55-59	5	0	5	10
>60	4	0	2	6
Not specified	0	0	0	0
<b>Total</b>	<b>189</b>	<b>146</b>	<b>208</b>	<b>543</b>

**DCT: Total number of individual clients who attended at least once by sex and status  
January – December 2018**

Index clients			
	Male	Female	Total
New clients	145	33	178
Re-contact clients	114	32	146
Known clients	162	44	206
<b>Total</b>	<b>421</b>	<b>109</b>	<b>530</b>
Significant other clients			
	Male	Female	Total
New clients	4	7	11
Re-contact clients	0	0	0
Known clients	0	2	2
<b>Total</b>	<b>4</b>	<b>9</b>	<b>13</b>

**DCT: Total number of individual clients who attended at least once by status and district of residence  
January – December 2018**

	New clients	Re-contact clients	Known clients	Total
Northern Harbour District	55	42	62	159
Southern Harbour District	48	54	57	159
Northern District	24	15	31	70
South Eastern District	26	19	23	68
Western District	21	12	15	48
Gozo and Comino	1	0	3	4
Institution or shelter	8	3	15	26
Homeless	3	1	2	6
Not residing in Malta	3	0	0	3
Not specified	0	0	0	0
<b>Total</b>	<b>189</b>	<b>146</b>	<b>208</b>	<b>543</b>

**DCT: Total number of individual clients who attended at least once by sex and district of residence**

**January – December 2018**

	Male	Female	Total
Northern Harbour District	121	38	159
Southern Harbour District	121	38	159
Northern District	53	17	70
South Eastern District	54	14	68
Western District	42	6	48
Gozo and Comino	2	2	4
Institution or shelter	24	2	26
Homeless	5	1	6
Not residing in Malta	3	0	3
Not specified	0	0	0
<b>Total</b>	<b>425</b>	<b>118</b>	<b>543</b>

**DCT: Total number of individual clients who attended at least once by nationality and sex**

**January – December 2018**

	Maltese	Other nationality	Not specified	Total
Male	387	38	0	425
Female	109	9	0	118
<b>Total</b>	<b>496</b>	<b>47</b>	<b>0</b>	<b>543</b>

**DCT: Total number of individual clients who attended at least once by status and primary drug reported\***

**January – December 2018**

	New clients	Re-contact clients	Known clients	Total
Heroin	64	66	117	247
Cocaine	70	54	56	180
Cannabis	42	15	22	79
Synthetic substance	11	6	10	27
Snowballing	1	4	0	5
Amphetamine/Methamphetamines	0	0	2	2
Ecstasy	0	1	1	2
Other opiates	1	0	0	1
Barbiturates/sedatives	0	0	0	0
Analgesic	0	0	0	0
None reported	0	0	0	0
<b>Total</b>	<b>189</b>	<b>146</b>	<b>208</b>	<b>543</b>

\* Please note that this is the primary drug reported at the time when the First Contact sheet was filled in and it is the primary drug used in the last 12 months. None reported refer to individuals who did not report using a drug in the last 12 months e.g. clients in rehabilitation program for 12 months, or clients previously in prison program etc. It also refers to significant others who do not report primary drug use.

**DCT: Total number of new and re-contact index clients who attended at least once  
by primary drug reported\* and secondary drug reported\*  
January – December 2018**

		Primary drug reported										
		Cocaine	Heroin	Cannabis	Synthetic substance	Snowballing	Ecstasy	Other opiates	Amphetamine/ Methamphetamine	ines	None reported	Total
Secondary drug reported	Cocaine	5	53	8	4	2	0	0	0	0	0	72
	Heroin	44	0	3	0	0	0	0	0	0	0	47
	Cannabis	20	10	0	7	1	0	0	0	0	0	38
	Alcohol	5	0	4	0	0	0	0	0	0	0	9
	Synthetic substance	4	1	4	0	0	0	0	0	0	0	9
	Ecstasy	4	0	1	1	0	0	0	0	0	0	6
	Inhalants	0	2	0	0	0	0	0	0	0	0	2
	Amphetamine/ Methamphetamine	1	0	0	0	0	0	0	0	0	0	1
	LSD	0	0	1	0	0	0	0	0	0	0	1
	Barbiturates, sedatives or tranquilizers	0	0	0	0	0	0	0	0	0	0	0
	None reported	52	67	36	8	2	1	1	0	0	0	167
	<b>Total</b>	<b>135</b>	<b>133</b>	<b>57</b>	<b>20</b>	<b>5</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>352</b>

\* Please note that this is the primary and secondary drug reported by new index clients at the time when the First Contact sheet was filled in and it is the primary or secondary drug used in the last 12 months. None reported refer to individuals who did not report using a drug in the last 12 months e.g. clients in a rehabilitation program for 12 months, or clients previously in prison program etc.

**DCT: Number of contact sessions scheduled each month by outcome of contact  
January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Appointment kept	3	5	4	8	5	2	2	4	3	4	5	0	45
Cancelled	0	0	0	0	0	1	1	0	0	0	1	0	3
Client did not attend/absent	0	3	2	1	2	0	0	3	2	1	0	0	14
Rescheduled	1	0	0	1	1	0	1	0	0	1	0	0	5
<b>Total</b>	<b>4</b>	<b>8</b>	<b>6</b>	<b>10</b>	<b>8</b>	<b>3</b>	<b>4</b>	<b>7</b>	<b>5</b>	<b>6</b>	<b>6</b>	<b>0</b>	<b>67</b>

**DCT: Number of sessions scheduled each month by outcome of session  
January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Appointment kept	167	187	235	231	252	216	222	259	207	296	327	233	2832
Cancelled	35	15	34	19	28	41	33	20	20	42	28	23	338
Client did not attend/absent	43	35	56	54	62	50	63	74	37	94	81	71	720
Rescheduled	10	6	23	20	21	19	32	18	8	25	27	20	229
<b>Total</b>	<b>255</b>	<b>243</b>	<b>348</b>	<b>324</b>	<b>363</b>	<b>326</b>	<b>350</b>	<b>371</b>	<b>272</b>	<b>457</b>	<b>463</b>	<b>347</b>	<b>4119</b>

**DCT: Number of session appointments kept each month by type of session held  
January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Counselling session <sup>3</sup>	55	73	109	99	105	105	92	124	92	134	149	118	1255
Support session	35	44	57	48	63	45	48	33	37	55	69	45	579
Assessment	24	24	33	36	37	29	37	53	37	57	53	31	451
Brief intervention	30	26	20	25	25	17	20	30	21	25	27	34	300
Case conference	9	12	9	10	6	8	6	5	6	10	7	2	90
Advocacy	0	0	0	1	0	0	0	0	1	3	4	1	10
Appointment with doctor	12	7	5	11	9	6	16	12	13	10	13	1	115
Crisis intervention	0	0	0	1	1	5	1	2	0	1	2	0	13
Court visit	2	1	1	0	6	1	1	0	0	1	2	1	16
Group session	0	0	1	0	0	0	1	0	0	0	1	0	3
<b>Total</b>	<b>167</b>	<b>187</b>	<b>235</b>	<b>231</b>	<b>252</b>	<b>216</b>	<b>222</b>	<b>259</b>	<b>207</b>	<b>296</b>	<b>327</b>	<b>233</b>	<b>2832</b>

<sup>3</sup> It is termed counselling session only in name but it has no relation to the Counselling Profession. The term actually refers to a psycho-social session conducted by a social worker. This is a session (office visit) delivered by a professional as part of the care process. These sessions include but are not limited to motivational sessions, care-plan planning, monitoring of client progress and after-care sessions. The term is used in the report for standardisation of past reports; however, the term will be discontinued in future as per Chapter 538 Counselling profession.

**DCT: Number of sessions carried out each month by attendee/s**  
**January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Client only	126	149	186	180	191	171	171	198	159	234	257	189	2211
Client and significant other	9	8	13	14	21	15	12	23	10	18	20	22	185
Client and professional/s	23	17	22	24	28	14	26	23	30	28	26	5	266
Significant other only	1	2	3	2	5	5	3	6	1	1	7	4	40
Client, significant other and professional/s	3	6	3	5	2	5	6	5	5	7	6	3	56
Professionals only	5	5	8	5	5	6	3	3	2	6	10	9	67
Significant other and professional/s	0	0	0	1	0	0	1	1	0	2	1	1	7
<b>Total</b>	<b>167</b>	<b>187</b>	<b>235</b>	<b>231</b>	<b>252</b>	<b>216</b>	<b>222</b>	<b>259</b>	<b>207</b>	<b>296</b>	<b>327</b>	<b>233</b>	<b>2832</b>

*Note: The term professional/s refers to any other professional/s attending and does not refer to the client's key worker. Significant others includes all individuals closely involved in a person's life whether this other person was attending the unit or not.*

**DCT: Number of sessions carried out each month by location**  
**January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
DCT Sedqa	83	94	121	108	127	122	136	139	101	171	168	130	1500
Other Sedqa	45	45	71	61	63	47	41	42	43	40	39	12	549
Courts/ prison/ probation	23	23	20	34	24	13	16	28	19	27	49	35	311
Mental health service	2	12	10	12	23	21	19	30	34	39	48	20	270
Via telephone	11	6	5	10	6	10	5	18	9	11	12	29	132
Appogg	1	6	5	4	5	1	1	1	1	3	3	1	32
Home visit	0	0	1	0	0	1	0	0	0	1	1	0	4
Hospital/ other medical facility	0	0	0	1	1	0	2	0	0	3	1	1	9
School	0	0	0	0	0	0	0	0	0	0	0	0	0
Community visit	1	0	1	0	2	1	2	1	0	1	4	5	18
Stimulants clinic	0	0	0	0	0	0	0	0	0	0	0	0	0
Other FSWS	0	0	0	0	0	0	0	0	0	0	0	0	0
Caritas	0	0	0	0	0	0	0	0	0	0	0	0	0
Other NGO	1	1	1	1	1	0	0	0	0	0	1	0	6
Other	0	0	0	0	0	0	0	0	0	0	1	0	1
<b>Total</b>	<b>167</b>	<b>187</b>	<b>235</b>	<b>231</b>	<b>252</b>	<b>216</b>	<b>222</b>	<b>259</b>	<b>207</b>	<b>296</b>	<b>327</b>	<b>233</b>	<b>2832</b>

**DCT: Number of cases terminated each month by reason for termination  
January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Lost contact (terminated without notice)	21	3	13	20	18	10	10	9	15	14	1	14	148
Terminated against advice	3	8	5	4	5	1	4	5	2	7	2	8	54
Programme/ treatment completed	1	1	0	1	0	1	0	5	3	0	0	1	13
Transferred	3	2	4	5	4	4	3	4	2	1	1	5	38
Deceased	0	0	0	0	0	0	0	0	0	0	0	1	1
<b>Total</b>	<b>28</b>	<b>14</b>	<b>22</b>	<b>30</b>	<b>27</b>	<b>16</b>	<b>17</b>	<b>23</b>	<b>22</b>	<b>22</b>	<b>4</b>	<b>29</b>	<b>254</b>

### Stimulants Clinic

The following information was extracted from the Drug Community Service and therefore the data regarding Stimulants Clinic service users overlaps with the Drug Community Service data.

**Stimulants Clinic: Total number of individual clients who attended at least once by sex and age  
January – December 2018**

	Male	Female	Total
≤17	0	0	0
18-19	6	0	6
20-24	13	5	18
25-29	11	1	12
30-34	15	3	18
35-39	12	2	14
40-44	4	0	4
45-49	1	2	3
50-54	2	1	3
55-59	2	1	3
≥60	0	0	0
Not specified	0	0	0
<b>Total</b>	<b>66</b>	<b>15</b>	<b>81</b>

**Stimulants Clinic: Total number of individual clients who attended at least once  
by sex and district of residence  
January – December 2018**

	Male	Female	Total
Northern Harbour District	27	5	32
Southern Harbour District	13	3	16
South Eastern District	11	0	11
Northern District	5	5	10
Western District	9	0	9
Gozo and Comino	0	2	2
Institution or shelter	0	0	0
Homeless	1	0	1
Not residing in Malta	0	0	0
Not specified	0	0	0
<b>Total</b>	<b>66</b>	<b>15</b>	<b>81</b>

**Stimulants Clinic: Total number of individual clients who attended at least once  
by nationality and sex  
January – December 2018**

	Male	Female	Total
Maltese	62	14	76
Other nationality	4	1	5
<b>Total</b>	<b>66</b>	<b>15</b>	<b>81</b>

**Stimulants Clinic: Total number of individual clients who attended at least once by status and primary drug reported\*  
January – December 2018**

	Male	Female	Total
Cocaine	29	12	41
Cannabis	18	1	19
Heroin	9	2	11
Synthetic substance	9	0	9
Snowballing	1	0	1
Ecstasy	0	0	0
Amphetamine/Methamphetamines	0	0	0
Benzodiazepines	0	0	0
Analgesic	0	0	0
Other opiates	0	0	0
None reported	0	0	0
<b>Total</b>	<b>66</b>	<b>15</b>	<b>81</b>

\* Please note that this is the primary drug reported at the time when the First Contact sheet was filled in and it is the primary drug used in the last 12 months. None reported refer to individuals who did not report using a drug in the last 12 months e.g. clients in rehabilitation program for 12 months, or clients previously in prison program etc. It also refers to significant others who do not report primary drug use.

**Stimulants Clinic: Total number of individual clients who attended at least once by primary drug reported\* and secondary drug reported\*  
January – December 2018**

		Primary drug reported									
		Cocaine	Cannabis	Heroin	Synthetic substance	Snowballing	Amphetamine/Methamphetamines	Ecstasy	Other opiates	None reported	Total
Secondary drug reported	Cannabis	8	0	0	2	1	0	0	0	0	11
	Cocaine	1	5	3	0	0	0	0	0	0	9
	Heroin	3	2	0	0	0	0	0	0	0	5
	Alcohol	2	0	0	0	0	0	0	0	0	2
	Ecstasy	1	0	0	1	0	0	0	0	0	2
	Synthetic substance	1	1	0	0	0	0	0	0	0	2
	LSD	0	1	0	0	0	0	0	0	0	1
	None reported	25	10	8	6	0	0	0	0	0	49
	<b>Total</b>	<b>41</b>	<b>19</b>	<b>11</b>	<b>9</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>81</b>

\* Please note that this is the primary and secondary drug reported by new index clients at the time when the First Contact sheet was filled in and it is the primary or secondary drug used in the last 12 months. None reported refer to individuals who did not report using a drug in the last 12 months e.g. clients in a rehabilitation program for 12 months, or clients previously in prison program etc.

**Stimulants Clinic: Number of sessions scheduled each month by outcome of session**  
**January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Appointment kept	10	8	8	12	12	6	17	13	11	9	11	0	117
Cancelled	0	0	0	1	2	3	1	1	1	2	0	0	11
Client did not attend/absent	3	5	4	4	1	5	1	6	2	10	6	0	47
Rescheduled	3	0	1	3	0	2	1	0	0	2	0	0	12
<b>Total</b>	<b>16</b>	<b>13</b>	<b>13</b>	<b>20</b>	<b>15</b>	<b>16</b>	<b>20</b>	<b>20</b>	<b>14</b>	<b>23</b>	<b>17</b>	<b>0</b>	<b>187</b>

**Stimulants Clinic: Number of session appointments kept each month by type of session held**  
**January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Counselling session <sup>4</sup>	0	1	3	1	4	2	2	2	0	0	0	0	15
Support session	0	0	0	0	0	0	0	0	0	0	0	0	0
Assessment	0	0	0	0	0	0	0	0	0	0	0	0	0
Brief intervention	0	0	0	0	0	0	0	0	0	0	0	0	0
Case conference	0	0	0	0	0	0	0	0	0	0	0	0	0
Advocacy	0	0	0	0	0	0	0	0	0	0	0	0	0
Appointment with doctor	10	7	5	11	8	4	15	11	11	9	11	0	102
Crisis intervention	0	0	0	0	0	0	0	0	0	0	0	0	0
Court visit	0	0	0	0	0	0	0	0	0	0	0	0	0
Group session	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>Total</b>	<b>10</b>	<b>8</b>	<b>8</b>	<b>12</b>	<b>12</b>	<b>6</b>	<b>17</b>	<b>13</b>	<b>11</b>	<b>9</b>	<b>11</b>	<b>0</b>	<b>117</b>

<sup>4</sup> It is termed counselling session only in name but it has no relation to the Counselling Profession. The term actually refers to a psycho-social session conducted by a social worker. This is a session (office visit) delivered by a professional as part of the care process. These sessions include but are not limited to motivational sessions, care-plan planning, monitoring of client progress and after-care sessions. The term is used in the report for standardisation of past reports; however, the term will be discontinued in future as per Chapter 538 Counselling profession.

**Stimulants Clinic: Number of sessions carried out each month by attendee/s  
January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Client only	0	0	0	1	1	0	0	1	0	0	0	0	3
Client and significant other	0	0	0	0	0	0	1	0	0	0	1	0	2
Client and professional/s	9	5	6	8	10	6	12	9	10	6	9	0	90
Significant other only	0	0	0	0	0	0	0	0	0	0	0	0	0
Client, significant other and professional/s	1	3	2	3	1	0	4	3	1	3	1	0	22
Professionals only	0	0	0	0	0	0	0	0	0	0	0	0	0
Significant other and professional/s	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>Total</b>	<b>10</b>	<b>8</b>	<b>8</b>	<b>12</b>	<b>12</b>	<b>6</b>	<b>17</b>	<b>13</b>	<b>11</b>	<b>9</b>	<b>11</b>	<b>0</b>	<b>117</b>

*Note: The term professional/s refers to any other professional/s attending and does not refer to the client's key worker. Significant others includes all individuals closely involved in a person's life whether this other person was attending the unit or not.*

## Court Services

### Court: Total number of new and known individual clients who attended at least once by sex January – December 2018

	Male	Female	Total
New clients	51	9	60
Recontact clients	8	1	9
Known clients	26	9	35
<b>Total</b>	<b>85</b>	<b>19</b>	<b>104</b>

### Court: Number of new clients who started attending by month of first contact and sex January – December 2018

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Male	2	1	5	6	7	3	5	1	2	0	14	5	51
Female	0	0	3	1	2	1	1	0	0	1	0	0	9
<b>Total</b>	<b>2</b>	<b>1</b>	<b>8</b>	<b>7</b>	<b>9</b>	<b>4</b>	<b>6</b>	<b>1</b>	<b>2</b>	<b>1</b>	<b>14</b>	<b>5</b>	<b>60</b>

### Court: Total number of interventions conducted each month by sex January – December 2018

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Male	8	1	10	18	31	21	21	16	13	28	47	13	227
Female	1	1	9	8	18	12	12	8	6	12	2	3	92
<b>Total</b>	<b>9</b>	<b>2</b>	<b>19</b>	<b>26</b>	<b>49</b>	<b>33</b>	<b>33</b>	<b>24</b>	<b>19</b>	<b>40</b>	<b>49</b>	<b>16</b>	<b>319</b>

### Court: Number of activities conducted during interventions conducted each month by type of activity January – December 2018

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Court session	0	0	0	0	3	2	0	0	0	0	1	0	6
Court assistance	6	2	11	22	29	16	17	18	10	18	28	3	180
Report	3	1	11	23	30	16	13	11	6	9	32	2	157
Testified	1	0	1	1	4	2	1	0	0	1	2	0	13
Care plan	0	0	0	0	1	2	2	1	1	5	2	2	16
Family	0	0	0	0	2	0	0	0	0	0	0	0	2

## Psychological & Family Therapy Services

The aim of the Psychological Service is to provide clients and their significant others with psychotherapeutic interventions, to provide consultancy and to carry out staff supervision. The aim of the Family Therapy Service is to assess, support and offer therapy to families experiencing difficulties.

**PSS & FTS: Number of individual cases worked with in the year by type of case  
January – December 2018**

	Psychological services	Family Therapy Service
Individual case	295	214
Family case	39	26

## Psychological Services

PSS: Number of cases worked with in the year January – December 2018	
	2018
New	124
Re-contact	29
Known	263
<b>Total cases worked with</b>	<b>416</b>
Number of individuals worked with	394

PSS: Number of referrals, new cases, new & re-contacts cases, and closed cases by age stage January – December 2018				
	Referred	New	New & re-contact	Closed
Adult	96	70	91	86
Adolescent	41	25	30	22
Child	29	20	22	8
Age not specified	9	9	10	9
<b>Total</b>	<b>175</b>	<b>124</b>	<b>153</b>	<b>125</b>

PSS: Number of referrals Number of cases referred by month and year of referral						
	2013	2014	2015	2016	2017	2018
Jan	13	13	18	14	11	12
Feb	11	13	15	15	5	14
Mar	24	10	21	7	14	9
Apr	32	18	29	11	8	14
May	36	14	8	7	13	21
Jun	21	5	22	13	10	12
Jul	28	15	17	6	11	17
Aug	24	7	12	4	10	21
Sep	10	10	5	3	14	22
Oct	14	14	16	8	11	16
Nov	8	10	11	6	23	10
Dec	2	10	3	6	14	7
<b>Total</b>	<b>223</b>	<b>139</b>	<b>177</b>	<b>100</b>	<b>144</b>	<b>175</b>

<b>PSS: Number of new and re-contact cases</b>						
<b>Number of new and re-contact cases opened by month and year of opening</b>						
	2013	2014	2015	2016	2017	2018
Jan	11	11	28	16	5	9
Feb	11	24	13	7	13	19
Mar	6	21	9	6	8	13
Apr	8	18	17	8	4	11
May	13	9	11	7	2	17
Jun	9	9	16	8	5	7
Jul	8	11	24	5	27	14
Aug	5	9	5	6	14	4
Sep	18	4	8	7	2	16
Oct	9	8	9	7	11	8
Nov	2	10	14	3	17	15
Dec	7	8	9	14	6	20
<b>Total</b>	<b>107</b>	<b>142</b>	<b>163</b>	<b>94</b>	<b>114</b>	<b>153</b>

<b>PSS: Number of new cases</b>						
<b>Number of new cases opened by month and year of opening</b>						
	2013	2014	2015	2016	2017	2018
Jan	10	10	23	15	5	6
Feb	10	22	10	7	13	17
Mar	6	19	6	6	7	10
Apr	7	16	17	7	4	9
May	13	9	10	3	2	13
Jun	9	8	11	6	4	4
Jul	8	10	22	2	23	13
Aug	5	8	4	6	14	2
Sep	18	3	6	6	1	12
Oct	9	7	9	7	11	6
Nov	2	10	12	2	16	14
Dec	7	8	8	14	4	18
<b>Total</b>	<b>104</b>	<b>130</b>	<b>138</b>	<b>81</b>	<b>104</b>	<b>124</b>

<b>PSS: Number of new and re-contact cases opened by district January – December 2018</b>	
	<b>2018</b>
Northern Harbour District	45
Southern Harbour District	28
South Eastern District	21
Northern District	14
Western District	12
Gozo and Comino	1
Shelter or institution	24
Not specified	8
<b>Total</b>	<b>153</b>

<b>PSS: Number of new and re-contact cases opened by sex and age January – December 2018</b>				
	<b>Male</b>	<b>Female</b>	<b>Not specified</b>	<b>Total</b>
≤1	0	0	0	0
1-5	4	2	0	6
6-10	9	7	0	16
11-15	3	21	0	24
16-17	3	3	0	6
18-19	3	4	0	7
20-24	4	3	0	7
25-29	12	5	0	17
30-34	6	4	0	10
35-39	8	7	0	15
40-44	5	5	0	10
45-49	3	8	0	11
50-54	5	3	0	8
55-59	1	2	0	3
≥60	2	1	0	3
Not specified	2	8	0	10
<b>Total</b>	<b>70</b>	<b>83</b>	<b>0</b>	<b>153</b>

<b>PSS: Number of cases closed</b>						
<b>Number of cases closed by month and year of closure</b>						
	2013	2014	2015	2016	2017	2018
Jan	2	10	11	11	11	6
Feb	6	10	11	4	5	11
Mar	5	12	9	6	0	4
Apr	13	22	11	13	6	8
May	8	15	14	13	8	17
Jun	10	19	10	16	11	16
Jul	6	15	22	6	4	10
Aug	6	14	12	7	9	12
Sep	12	5	8	2	6	8
Oct	10	14	20	13	12	15
Nov	8	2	12	8	7	7
Dec	12	8	19	10	6	11
<b>Total</b>	<b>98</b>	<b>146</b>	<b>159</b>	<b>109</b>	<b>85</b>	<b>125</b>

### Family Therapy Services

<b>FTS: Number of cases worked with in the year</b>	
<b>January – December 2018</b>	
	2018
New	75
Re-contact	7
Known	201
<b>Total cases worked with</b>	<b>283</b>
Number of individuals worked with	281

**FTS: Number of referrals, new cases, new & re-contacts cases, and closed cases by  
age stage  
January – December 2018**

	Referred	New	New & re-contact	Closed
Adult	52	66	72	34
Adolescent	3	5	6	2
Child	2	2	2	0
Age not specified	0	2	2	2
<b>Total</b>	<b>57</b>	<b>75</b>	<b>82</b>	<b>38</b>

**FTS: Number of referrals  
Number of cases referred by month and year of referral**

	2013	2014	2015	2016	2017	2018
Jan	24	10	19	5	5	5
Feb	0	14	5	3	4	3
Mar	4	8	10	6	4	6
Apr	2	10	18	8	2	8
May	5	9	13	2	3	9
Jun	5	3	8	10	4	6
Jul	9	8	5	15	4	4
Aug	4	16	6	6	6	6
Sep	7	17	3	8	4	1
Oct	9	4	7	3	3	5
Nov	5	14	5	8	6	3
Dec	6	3	2	5	2	1
<b>Total</b>	<b>80</b>	<b>116</b>	<b>101</b>	<b>79</b>	<b>47</b>	<b>57</b>

<b>FTS: Number of new and re-contact cases</b>						
<b>Number of new and re-contact cases opened by month and year of opening</b>						
	2013	2014	2015	2016	2017	2018
Jan	26	3	6	4	14	16
Feb	0	10	3	2	2	7
Mar	1	6	3	0	5	9
Apr	0	6	14	9	5	6
May	4	3	9	9	1	8
Jun	5	0	7	8	3	7
Jul	3	2	14	11	6	2
Aug	0	1	4	7	5	11
Sep	3	1	3	4	4	1
Oct	6	4	9	10	2	10
Nov	3	0	8	1	1	4
Dec	1	1	6	6	1	1
<b>Total</b>	<b>52</b>	<b>37</b>	<b>86</b>	<b>71</b>	<b>49</b>	<b>82</b>

<b>FTS: Number of new cases</b>						
<b>Number of new cases opened by month and year of opening</b>						
	2013	2014	2015	2016	2017	2018
Jan	26	3	6	4	13	14
Feb	0	10	3	2	1	6
Mar	1	5	3	0	5	8
Apr	0	6	14	9	5	5
May	4	3	9	9	0	8
Jun	5	0	7	7	2	6
Jul	2	2	14	5	6	2
Aug	0	1	4	7	5	10
Sep	3	1	3	4	4	1
Oct	6	4	9	10	2	10
Nov	3	0	8	1	1	4
Dec	1	1	5	6	1	1
<b>Total</b>	<b>51</b>	<b>36</b>	<b>85</b>	<b>64</b>	<b>45</b>	<b>75</b>

<b>FTS: Number of new and re-contact cases opened by district January – December 2018</b>	
	<b>2018</b>
Northern Harbour District	25
Northern District	15
South Eastern District	14
Southern Harbour District	14
Western District	14
Gozo and Comino	0
Shelter or institution	0
Not specified	0
<b>Total</b>	<b>82</b>

<b>FTS: Number of new and re-contact cases opened by sex and age January – December 2018</b>				
	<b>Male</b>	<b>Female</b>	<b>Not specified</b>	<b>Total</b>
≤1	0	0	0	0
1-5	0	0	0	0
6-10	1	1	0	2
11-15	2	2	0	4
16-17	2	0	0	2
18-19	1	0	0	1
20-24	0	3	0	3
25-29	1	5	0	6
30-34	1	8	0	9
35-39	1	7	0	8
40-44	2	9	0	11
45-49	4	8	0	12
50-54	4	5	0	9
55-59	4	4	0	8
≥60	1	4	0	5
Not specified	1	1	0	2
<b>Total</b>	<b>25</b>	<b>57</b>	<b>0</b>	<b>82</b>

**FTS: Number of cases closed**  
**Number of cases closed by month and year of closure**

	2013	2014	2015	2016	2017	2018
Jan	2	13	5	3	4	4
Feb	0	4	7	5	3	7
Mar	1	5	2	3	4	5
Apr	0	5	8	5	0	1
May	1	8	5	5	0	0
Jun	0	0	6	5	1	2
Jul	0	5	6	8	7	0
Aug	0	1	3	5	0	4
Sep	5	2	4	4	5	3
Oct	1	3	4	10	2	0
Nov	0	3	2	1	2	12
Dec	1	3	7	4	0	0
<b>Total</b>	<b>11</b>	<b>52</b>	<b>59</b>	<b>58</b>	<b>28</b>	<b>38</b>

## Substance Misuse Out-patient Unit

The aim of the Substance Misuse Out-patient Unit (SMOPU/Detox) is to assess drug users, provide medical treatment and social and psychological support.

### SMOPU: Total number of individual clients who attended at least once by sex and status

January – December 2018

	Male	Female	Total
New clients	33	6	39
Re-contact clients	42	12	54
Known clients	779	183	962
<b>Total</b>	<b>854</b>	<b>201</b>	<b>1055</b>

### SMOPU: Total number of clients who have attended each month by status

January – December 2018

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
New clients	0	2	3	4	2	5	2	8	3	2	2	6
Re-contact clients	7	3	7	6	6	2	9	2	4	6	2	0
Known clients	819	796	795	812	819	803	819	825	838	836	843	809
<b>Total</b>	<b>826</b>	<b>801</b>	<b>805</b>	<b>822</b>	<b>827</b>	<b>810</b>	<b>830</b>	<b>835</b>	<b>845</b>	<b>844</b>	<b>847</b>	<b>815</b>

**SMOPU: Total number of new and re-contact individual clients who attended at least once by reported primary drug and secondary drug\*  
January – December 2018**

		Primary Drug reported								
		Heroin	Cocaine	Cannabis	Ecstasy	Amphetamines	Analgesics	LSD	Other Opiates	Total
Secondary Drug	Cannabis	294	6	0	0	0	0	0	0	300
	Cocaine	253	0	2	1	0	0	1	0	257
	LSD	27	0	2	0	0	0	0	0	29
	Heroin	0	16	6	0	0	0	0	0	22
	Ecstasy	9	1	1	0	0	0	0	0	11
	Barbiturates	2	0	0	0	0	0	0	0	2
	Non-barbiturate sedatives	2	0	0	0	0	0	0	0	2
	Minor tranquilizers	1	0	0	0	0	0	0	0	1
	None reported	417	5	5	1	1	1	0	1	431
	<b>Total</b>	<b>1005</b>	<b>28</b>	<b>16</b>	<b>2</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1055</b>

\* Please note that this is the primary and secondary drug reported by new or re-contact clients as being used in the last 12 months at the time when the First Contact sheet was filled in.

**SMOPU: Total number of individual clients who attended at least once by sex and age  
January – December 2018**

	Male	Female	Total
≤17	0	0	0
18-19	2	1	3
20-24	9	4	13
25-29	71	30	101
30-34	164	47	211
35-39	192	52	244
40-44	200	37	237
45-49	107	13	120
50-54	66	11	77
55-59	24	6	30
≥60	19	0	19
Not specified	0	0	0
<b>Total</b>	<b>854</b>	<b>201</b>	<b>1055</b>

**SMOPU: Total number of individual clients who attended at least once by status and age  
January – December 2018**

	New clients	Re-contact clients	Known clients	Total
≤17	0	0	0	0
18-19	3	0	0	3
20-24	3	1	9	13
25-29	7	6	88	101
30-34	6	9	196	211
35-39	9	19	216	244
40-44	3	11	223	237
45-49	2	3	115	120
50-54	2	4	71	77
55-59	1	1	28	30
≥60	3	0	16	19
Not specified	0	0	0	0
<b>Total</b>	<b>39</b>	<b>54</b>	<b>962</b>	<b>1055</b>

**SMOPU: Total number of individual clients who attended at least once by nationality and status  
January – December 2018**

	Maltese	Foreign	Total
New clients	28	11	39
Re-contact clients	52	2	54
Known clients	913	49	962
<b>Total</b>	<b>993</b>	<b>62</b>	<b>1055</b>

**SMOPU: Amount of Methadone in litres distributed to clients at each month  
January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Methadone	1193.14	1052.17	1159.60	1122.14	1160.84	1098.39	1146.47	1126.61	1094.91	1164.83	1117.72	1149.30

**SMOPU: Maximum dose of Methadone given to new/re-contact and known clients each month  
January – December 2018**

New/re-contact clients												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
≤ 39cc	2	1	1	5	1	4	3	5	0	4	2	0
40-59cc	2	2	2	2	0	2	4	1	2	1	1	1
60-79cc	0	1	0	0	1	0	0	0	0	1	0	1
80-99cc	0	0	0	0	0	0	0	0	0	0	0	1
≥ 100cc	0	0	0	0	0	0	0	0	0	0	0	0
Known clients												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
≤ 39cc	199	186	175	173	182	181	185	181	200	194	193	198
40-59cc	232	235	244	247	240	232	239	241	251	241	240	227
60-79cc	203	198	191	199	206	204	198	204	193	194	196	188
80-99cc	99	100	104	95	87	84	91	90	95	99	98	94
≥ 100cc	43	41	38	41	45	42	41	39	39	40	41	41

**SMOPU: Type of treatment ever received\* by new/re-contact and known clients by month  
January – December 2018**

New/re-contact clients												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Methadone	4	4	3	7	2	4	7	6	2	6	3	3
Suboxone	0	0	0	1	0	0	0	0	0	0	0	0
Other	0	0	1	0	0	0	0	0	0	0	0	0
Symptomatic	1	0	1	0	0	0	0	0	0	0	0	0
Known clients												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Methadone	776	760	752	755	760	743	754	755	778	768	768	748
Suboxone	28	28	31	37	37	36	34	51	33	33	34	32
Other	1	0	0	0	0	0	0	0	2	1	2	1
Symptomatic	66	41	53	50	48	46	54	51	51	56	47	40

*\*clients may be receiving more than one form of treatment at the same time*

**SMOPU: Total number of clients (new/re-contact and known) attending by month  
and substitution or symptomatic treatment received  
January – December 2018**

New/re-contact clients												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Only substitution treatment	4	4	4	8	2	6	5	6	3	4	3	3
Only symptomatic treatment	1	0	1	0	0	0	2	4	1	2	1	3
Substitution with symptomatic treatment	0	0	0	0	0	0	0	0	0	0	0	0
No treatments	2	1	5	2	6	1	4	0	3	2	0	0
<b>Total treatment</b>	<b>7</b>	<b>5</b>	<b>10</b>	<b>10</b>	<b>8</b>	<b>7</b>	<b>11</b>	<b>10</b>	<b>7</b>	<b>8</b>	<b>4</b>	<b>6</b>
Known clients												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Only substitution treatment	749	754	740	760	764	752	758	764	782	771	783	768
Only symptomatic treatment	11	7	11	18	15	19	24	25	21	25	27	27
Substitution with symptomatic treatment	55	34	42	32	33	27	30	26	30	31	20	13
No treatments	4	1	2	2	7	5	7	10	5	9	13	1
<b>Total treatment</b>	<b>819</b>	<b>796</b>	<b>795</b>	<b>812</b>	<b>819</b>	<b>803</b>	<b>819</b>	<b>825</b>	<b>838</b>	<b>836</b>	<b>843</b>	<b>809</b>

**SMOPU: The number of individual clients who attended at least once by status  
and type of treatment combinations received\* in the year  
January – December 2018**

Type of treatment				
	New	Re-contact	Known	Total
Methadone	24	38	875	937
Suboxone	0	5	52	57
Other substitution	0	1	4	5
Symptomatic treatment	4	3	154	161
Received substitution or symptomatic				
	New	Re-contact	Known	Total
Only substitute treatment	23	37	782	842
Only symptomatic treatment	3	0	23	26
Substitute with symptomatic treatment	1	3	131	135
No treatment	12	14	26	52
<b>Total treatment</b>	<b>39</b>	<b>54</b>	<b>962</b>	<b>1055</b>

*\*clients may be receiving more than one form of treatment at the same time*

**SMOPU: The total number of individual clients who attended at least once by status and district of residence  
January – December 2018**

	New	Re-contact	Known	Total
Southern Harbour District	9	20	388	417
Northern Harbour District	10	13	305	328
South Eastern District	7	10	112	129
Northern District	10	6	83	99
Western District	2	5	67	74
Gozo and Comino	0	0	4	4
Foreign residence	1	0	2	3
Shelter	0	0	1	1
Homeless	0	0	0	0
Not specified	0	0	0	0
<b>Total</b>	<b>39</b>	<b>54</b>	<b>962</b>	<b>1055</b>

**SMOPU: Number of HIV, Hepatitis B and Hepatitis C tests conducted each month  
January – December 2018**

HIV													
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Positive	0	0	0	0	0	0	0	0	0	0	0	0	0
Negative	4	0	1	10	16	14	18	20	11	23	16	5	138
Inconclusive	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>Total</b>	<b>4</b>	<b>0</b>	<b>1</b>	<b>10</b>	<b>16</b>	<b>14</b>	<b>18</b>	<b>20</b>	<b>11</b>	<b>23</b>	<b>16</b>	<b>5</b>	<b>138</b>
Hepatitis B													
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Positive	0	0	0	0	0	0	1	0	1	0	0	0	2
Negative	3	0	1	9	13	15	16	20	12	21	16	3	129
Inconclusive	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>Total</b>	<b>3</b>	<b>0</b>	<b>1</b>	<b>9</b>	<b>13</b>	<b>15</b>	<b>17</b>	<b>20</b>	<b>13</b>	<b>21</b>	<b>16</b>	<b>3</b>	<b>131</b>
Hepatitis C													
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Positive	6	0	1	4	10	24	15	18	8	18	11	5	120
Negative	4	0	0	8	7	4	9	8	8	11	11	3	73
Inconclusive	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>Total</b>	<b>10</b>	<b>0</b>	<b>1</b>	<b>12</b>	<b>17</b>	<b>28</b>	<b>24</b>	<b>26</b>	<b>16</b>	<b>29</b>	<b>22</b>	<b>8</b>	<b>193</b>

### SMOPU: Clients attending the Dual Diagnosis Clinic each month

January – December 2018

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Sessions	27	31	31	39	26	27	36	27	25	33	26	24
New	1	0	0	0	1	3	6	8	5	1	4	3
Did not come for appointment	44	34	34	16	29	23	35	44	21	34	24	34

### Social work unit

#### SMOPU SW: The total number of clients attending each month by type of client

January – December 2018

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Index person	260	264	365	342	341	323	449	416	240	445	337	232
Significant other	34	32	38	30	27	27	33	35	22	42	34	22
<b>Total</b>	<b>294</b>	<b>296</b>	<b>403</b>	<b>372</b>	<b>368</b>	<b>350</b>	<b>482</b>	<b>451</b>	<b>262</b>	<b>487</b>	<b>371</b>	<b>254</b>

#### SMOPU SW: The number of interventions/activities conducted with clients attending each month by type of activity

January – December 2018

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Outreach	104	126	179	191	161	136	187	175	113	191	176	141	1880
Support sessions	81	62	94	62	83	84	117	109	55	105	81	60	993
Meeting with other professionals	31	40	58	51	39	42	71	90	32	76	65	31	626
Out-referrals to other Sedqa units	24	21	27	27	21	30	41	34	24	27	16	11	303
Assessments	21	9	13	15	25	21	26	21	20	24	21	16	232
Crisis intervention	27	18	25	16	19	11	17	12	9	17	11	8	190
Out-referrals to units external to Sedqa	14	10	11	14	9	17	26	21	14	27	12	6	181
Reports or contacts	12	14	16	15	14	14	14	10	8	19	16	10	162
Case conferences, reviews or meetings	1	4	5	7	8	5	9	4	3	5	7	2	60
Other	0	1	3	4	2	6	2	0	2	1	1	2	24
<b>Total</b>	<b>315</b>	<b>305</b>	<b>431</b>	<b>402</b>	<b>381</b>	<b>366</b>	<b>510</b>	<b>476</b>	<b>280</b>	<b>492</b>	<b>406</b>	<b>287</b>	<b>4651</b>

## Substance Misuse In-patients Unit

The Substance Misuse In-patient Unit (SMIPU) aims to assist individuals to come off drugs in a safe and controlled residential environment and prepare them for subsequent stages of rehabilitation

**SMIPU: Number of clients attending each month by sex and age  
January – December 2018**

	Jan		Feb		Mar		Apr		May		Jun		Jul		Aug		Sep		Oct		Nov		Dec	
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F
≤17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18-19	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20-24	0	0	1	0	0	1	0	1	0	0	0	1	0	0	1	1	1	0	0	0	0	0	0	0
25-29	5	1	5	2	2	1	0	0	4	1	2	0	4	0	1	2	9	1	3	0	4	1	1	1
30-34	5	2	6	1	1	1	4	3	4	2	5	0	7	0	2	3	1	0	5	0	5	2	2	0
35-39	4	1	5	0	7	0	4	0	2	2	6	0	7	4	4	2	0	0	3	0	5	2	2	1
40-44	2	2	6	1	3	0	3	1	2	2	7	0	3	0	1	1	5	1	3	1	3	2	1	0
45-49	2	0	0	1	1	0	1	0	0	0	2	0	3	0	1	1	2	0	1	0	0	3	0	0
50-54	1	0	1	0	0	0	0	0	1	0	2	0	4	0	3	0	0	0	0	0	2	0	1	0
55-59	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	1	1	0	1	0	0	0	0
≥60	1	0	1	0	0	0	0	0	2	0	0	0	0	0	1	0	2	0	0	1	1	0	1	2
NS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>Total</b>	<b>20</b>	<b>6</b>	<b>25</b>	<b>5</b>	<b>15</b>	<b>3</b>	<b>12</b>	<b>5</b>	<b>16</b>	<b>7</b>	<b>24</b>	<b>1</b>	<b>28</b>	<b>4</b>	<b>14</b>	<b>10</b>	<b>20</b>	<b>3</b>	<b>16</b>	<b>2</b>	<b>21</b>	<b>10</b>	<b>8</b>	<b>4</b>

**SMIPU: Clients attending each month by programme status  
January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
From previous month	0	10	2	4	3	2	7	4	1	4	3	5
Newly admitted	0	3	4	3	3	3	2	4	1	3	6	6
Re-admitted	26	17	12	10	17	20	23	16	21	11	22	1
<b>Total</b>	<b>26</b>	<b>30</b>	<b>18</b>	<b>17</b>	<b>23</b>	<b>25</b>	<b>32</b>	<b>24</b>	<b>23</b>	<b>18</b>	<b>31</b>	<b>12</b>
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Self-terminated	3	5	6	3	4	4	7	6	4	4	5	2
Disciplinary cessation	0	1	0	2	0	1	0	0	0	1	1	0
Programme completed	13	22	8	9	17	13	21	17	15	10	20	10
Transferred	0	0	0	0	0	0	0	0	0	0	0	0
<b>Remain in programme</b>	<b>10</b>	<b>2</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>7</b>	<b>4</b>	<b>1</b>	<b>4</b>	<b>3</b>	<b>5</b>	<b>0</b>

**SMIPU: Total number of individual clients who attended at least once by sex and status**

**January – December 2018**

	Male	Female	Total
New	27	11	38
Re-contact	118	27	145
<b>Total</b>	<b>145</b>	<b>38</b>	<b>183</b>

The number of clients who attended more than once in the same period of time (re-admitted in the same period of time)

	Male	Female	Total
Re-admitted	36	15	51

*Note: 183 individuals, 38 of which attended more than once (51 re-admissions) = total of 234 admissions*

**SMIPU: Total number of individual clients who attended at least once by sex and age**

**January – December 2018**

	Male	Female	Total
<17	0	0	0
18-19	0	0	0
20-24	3	0	3
25-29	22	7	29
30-34	33	8	41
35-39	34	10	44
40-44	27	6	33
45-49	9	4	13
50-54	9	0	9
55-59	3	1	4
≥60	5	2	7
Not specified	0	0	0
<b>Total</b>	<b>145</b>	<b>38</b>	<b>183</b>

**SMIPU: Total number of individual clients who attended at least once by status  
and age  
January – December 2018**

	New clients	Re-contact clients	Total
≤17	0	0	0
18-19	0	0	0
20-24	2	1	3
25-29	9	20	29
30-34	8	33	41
35-39	6	38	44
40-44	6	27	33
45-49	1	12	13
50-54	2	7	9
55-59	2	2	4
≥60	2	5	7
Not specified	0	0	0
<b>Total</b>	<b>38</b>	<b>145</b>	<b>183</b>

**SMIPU: Total number of individual clients who attended at least once by sex and  
district of residence  
January – December 2018**

	Male	Female	Total
Southern Harbour District	57	14	71
Northern Harbour District	40	13	53
South Eastern District	21	1	22
Northern District	15	3	18
Western District	8	5	13
Gozo District	2	0	2
Shelter	0	0	0
Homeless	2	2	4
Foreign residence	0	0	0
Not specified	0	0	0
<b>Total</b>	<b>145</b>	<b>38</b>	<b>183</b>

**SMIPU: Clients attending each month by treatment  
January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Alcohol detoxification	3	4	1	3	5	1	4	6	4	4	14	6
Clonedine	6	9	6	4	5	5	8	6	4	5	6	1
Detoxification	0	0	0	1	2	0	0	1	1	0	1	0
Methadone reduction	4	2	2	3	1	1	1	1	1	0	2	0
Methadone stabilisation	8	11	4	3	5	8	8	5	7	7	2	1
Naltrexone	0	0	0	0	0	0	0	0	0	0	0	0
Observation	0	0	0	0	0	0	0	0	0	0	0	0
Suboxone	2	1	3	0	2	3	2	2	3	1	0	0
Time out	3	3	2	3	3	6	7	3	2	1	4	4
Other	0	0	0	0	0	1	2	0	1	0	2	0
<b>Total</b>	<b>26</b>	<b>30</b>	<b>18</b>	<b>17</b>	<b>23</b>	<b>25</b>	<b>32</b>	<b>24</b>	<b>23</b>	<b>18</b>	<b>31</b>	<b>12</b>

**SMIPU: Total number of days and nights stayed by clients\* who attended  
January – December 2018**

	Days	Bed Nights
Total number	1732	1498
Average per client	7.4	6.4

\* 183 individuals, 38 of which attended more than once (51 re-admissions) = total of 234 admissions

**SMIPU: Total number of clients\* who attended by sex and programme status  
January – December 2018**

	Male	Female	Total
Completed	134	41	175
Self-terminated	43	10	53
Disciplinary cessation	4	2	6
Transferred	0	0	0
Still in the program at the end of the reporting period	0	0	0
<b>Total</b>	<b>181</b>	<b>53</b>	<b>234</b>

\*183 individuals, 38 of which attended more than once (51 re-admissions) = total of 234 admissions

**SMIPU: Place of referral of clients after completing the programme each month  
January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Community/ home	5	15	8	7	12	8	14	12	5	10	17	7
Shelter	1	3	1	2	3	2	3	1	6	1	3	0
Caritas	1	1	1	2	0	0	2	0	0	1	2	0
Kommunita Santa Marija	0	1	1	0	1	1	0	1	1	0	0	0
OASI	1	2	0	0	0	1	3	1	1	0	0	1
Sedqa assessment and stabilisation unit	6	4	3	1	5	5	4	6	4	3	3	3
Sedqa alcohol programmes	0	0	0	1	0	0	1	2	2	0	1	0
Medical or mental health service	0	0	0	1	0	1	1	0	0	0	0	1
Other program	2	2	0	0	0	0	0	0	0	0	0	0
<b>Total</b>	<b>16</b>	<b>28</b>	<b>14</b>	<b>14</b>	<b>21</b>	<b>18</b>	<b>28</b>	<b>23</b>	<b>19</b>	<b>15</b>	<b>26</b>	<b>12</b>

## Assessment & Stabilisation Unit

The Assessment and Stabilisation Unit (ASU) is a safe environment which provides clients with the additional time - up to eight weeks - needed to assess and identify the various factors affecting their substance misuse.

### ASU: Number of clients referred and admitted by agency referring and month of referral

January – December 2018

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
DCT Sedqa	1	1	2	1	0	1	3	1	2	2	1	0	15
SMOPU Sedqa	1	3	2	2	1	3	0	3	0	2	0	1	18
AGCT Sedqa	1	1	0	0	1	1	0	0	1	1	0	1	7
Zerniq Sedqa	0	0	0	0	0	0	0	0	0	0	0	0	0
SMIPU Sedqa	0	1	0	0	0	0	0	0	2	0	0	0	3
Dual Diagnosis Unit	2	0	0	0	0	0	0	0	0	0	0	0	2
Appogg	0	0	0	0	0	0	0	0	0	0	0	0	0
Caritas	0	0	0	0	0	1	0	1	0	0	0	0	2
KSM Sedqa	0	0	0	0	0	0	0	0	0	0	0	0	0
Self-referred	0	0	0	0	0	0	0	0	0	0	0	0	0
Not specified	0	0	0	0	0	0	0	1	0	0	0	0	1
<b>Total</b>	<b>5</b>	<b>6</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>6</b>	<b>3</b>	<b>6</b>	<b>5</b>	<b>5</b>	<b>1</b>	<b>2</b>	<b>48</b>

### ASU: Clients attending each month by programme status

January – December 2018

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
From previous month	9	11	11	14	11	12	12	9	12	10	10	9
Newly admitted	7	2	5	0	2	4	3	4	2	3	2	2
Re-admitted	2	0	1	2	2	2	1	2	2	4	0	0
<b>Total</b>	<b>18</b>	<b>13</b>	<b>17</b>	<b>16</b>	<b>15</b>	<b>18</b>	<b>16</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>12</b>	<b>11</b>
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Programme completed	2	0	2	1	1	0	1	0	0	0	0	1
Self-terminated	4	1	1	1	1	1	5	3	3	6	3	0
Disciplinary cessation	1	0	0	3	0	4	1	0	0	0	0	2
Transferred	0	1	0	0	1	1	0	0	3	1	0	0
<b>Remain in programme</b>	<b>11</b>	<b>11</b>	<b>14</b>	<b>11</b>	<b>12</b>	<b>12</b>	<b>9</b>	<b>12</b>	<b>10</b>	<b>10</b>	<b>9</b>	<b>8</b>

**ASU: Total number of individual clients who attended at least once by sex and status**  
**January – December 2018**

	Male	Female	Total
New	22	14	36
Re-contact	14	1	15
Known	6	3	9
<b>Total</b>	<b>42</b>	<b>18</b>	<b>60</b>

**The number of individual clients who attended more than once in the same period of time (readmitted in the same period of time)**

	Male	Female	Total
Re-admitted	2	1	3

*Note: 60 individuals, 3 of which attended more than once (3 re-admissions) = 63 total admissions*

**ASU: Total number of individual clients who attended at least once by sex and age**  
**January – December 2018**

	Male	Female	Total
≤17	0	0	0
18-19	0	0	0
20-24	1	0	1
25-29	8	4	12
30-34	7	3	10
35-39	8	5	13
40-44	8	3	11
45-49	3	1	4
50-54	1	1	2
55-59	0	0	0
≥60	1	0	1
Not specified	5	1	6
<b>Total</b>	<b>42</b>	<b>18</b>	<b>60</b>

**ASU: Total number of individual clients who attended at least once by sex and district of residence  
January – December 2018**

	Male	Female	Total
Northern Harbour District	14	5	19
Southern Harbour District	11	5	16
Northern District	3	2	5
South Eastern District	4	1	5
Western District	3	2	5
Gozo District	0	1	1
Shelter	0	0	0
Homeless	2	1	3
Foreign residence	0	0	0
Not specified	5	1	6
<b>Total</b>	<b>42</b>	<b>18</b>	<b>60</b>

**ASU: Total number of clients by status and primary drug reported\*  
January – December 2018**

	New clients	Re-contact clients	Known clients	Total
Heroin	18	15	2	35
Alcohol	12	1	0	13
Cocaine	4	1	2	7
Synthetic drugs	2	1	0	3
Cannabis	0	0	0	0
Ecstasy	0	0	0	0
None specified	0	0	5	5
<b>Total</b>	<b>36</b>	<b>18</b>	<b>9</b>	<b>63</b>

\* Please note that this is the primary drug reported at first contact with the client

ASU: Total number of new and re-contact clients by primary and secondary drug reported * January – December 2018									
		Primary drug reported							
		Heroin	Alcohol	Cocaine	Synthetic drugs	Cannabis	Ecstasy	None specified	Total
Secondary drug reported	Cocaine	22	5	0	2	0	0	0	29
	Heroin	0	5	4	0	0	0	0	9
	Alcohol	2	0	0	0	0	0	0	2
	Cannabis	0	0	1	0	0	0	0	1
	Synthetic drug	0	0	0	0	0	0	0	0
	None reported	11	3	2	1	0	0	5	22
	<b>Total</b>	<b>35</b>	<b>13</b>	<b>7</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>5</b>	<b>63</b>

\* Please note that this is the primary and secondary drug reported by new or re-contact clients at the time when the First Contact sheet was filled in.

ASU: Total number of days and nights stayed by clients* who attended January – December 2018		
	Days	Bed Nights
Total number	3842	3779
Average per client	60.98	59.98

\*60 individuals, 3 of which attended more than once (3 re-admissions) = 63 total admissions

ASU: Total number of clients* who attended by sex and programme status January – December 2018			
	Male	Female	Total
Completed	7	1	8
Self-terminated	20	9	29
Disciplinary cessation	9	2	11
Transferred	3	4	7
Still in the program at the end of the reporting period	5	3	8
<b>Total</b>	<b>44</b>	<b>19</b>	<b>63</b>

\*60 individuals, 3 of which attended more than once (3 re-admissions) = 63 total admissions

# Komunita` Santa Marija Drug Residential Rehabilitation Programme

Komunità Santa Marija (KSM) is a residential unit where persons with a desire to stop abusing drugs are helped to modify their behaviour, adopt a new lifestyle and re-integrate into society.

<b>KSM: Total number of individual clients who attended at least once by sex and status</b>			
<b>January – December 2018</b>			
	<b>Male</b>	<b>Female</b>	<b>Total</b>
New	10	4	14
Re-contact	8	0	8
Known	10	1	11
<b>Total</b>	<b>28</b>	<b>5</b>	<b>33</b>
<b>The number of individual clients who attended more than once in the same period of time (readmitted during the same period of time)</b>			
Re-admitted	5	2	7

*Note: 33 individuals, 7 of which attended more than once (7 re-admissions) = total of 40 admissions*

<b>KSM: Total number of individual clients who attended at least once by sex and age</b>			
<b>January – December 2018</b>			
	<b>Male</b>	<b>Female</b>	<b>Total</b>
≤17	0	0	0
18-19	2	0	2
20-24	3	0	3
25-29	9	1	10
30-34	4	0	4
35-39	6	2	8
40-44	1	1	2
45-49	3	1	4
50-54	0	0	0
55-59	0	0	0
≥60	0	0	0
Not specified	0	0	0
<b>Total</b>	<b>28</b>	<b>5</b>	<b>33</b>

**KSM: Number of clients treated each month by sex and age  
January – December 2018**

	Jan		Feb		Mar		Apr		May		Jun		Jul		Aug		Sep		Oct		Nov		Dec	
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F
≤17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18-19	0	0	2	0	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20-24	2	0	2	0	2	0	2	0	2	0	2	0	2	0	2	0	2	0	2	0	2	0	3	0
25-29	4	0	4	0	4	0	3	0	4	0	3	0	2	0	2	0	1	1	2	1	2	1	3	1
30-34	2	0	3	0	4	0	3	0	4	0	2	0	1	0	1	0	1	0	1	0	1	0	0	0
35-39	5	1	3	1	3	1	2	0	3	0	3	0	3	0	1	0	2	1	2	1	2	1	2	0
40-44	1	0	1	1	1	1	1	1	1	1	1	1	0	1	0	1	0	1	0	1	0	1	0	1
45-49	3	0	3	0	1	0	1	0	1	1	1	1	1	1	1	1	1	0	0	0	0	0	0	0
50-54	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
55-59	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
≥60	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
NS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>Total</b>	<b>17</b>	<b>1</b>	<b>18</b>	<b>2</b>	<b>17</b>	<b>2</b>	<b>12</b>	<b>1</b>	<b>15</b>	<b>2</b>	<b>12</b>	<b>2</b>	<b>9</b>	<b>2</b>	<b>7</b>	<b>2</b>	<b>7</b>	<b>3</b>	<b>7</b>	<b>3</b>	<b>7</b>	<b>3</b>	<b>8</b>	<b>2</b>

**KSM: Total number of days and nights stayed by clients\* who attended  
January – December 2018**

	Days	Bed Nights
Total number	3969	3929
Average per client	99.23	98.23

\*33 individuals, 7 of which attended more than once (7 re-admissions) = total of 40 admissions

**KSM: Total number of clients\* by programme outcome and sex  
January – December 2018**

	Male	Female	Total
Completed the programme	0	0	0
Self-terminated	17	4	21
Disciplinary cessation	10	2	12
Sentenced	0	0	0
Referred to another programme	0	0	0
Remain in the programme	6	1	7
<b>Total</b>	<b>33</b>	<b>7</b>	<b>40</b>

\*33 individuals, 7 of which attended more than once (7 re-admissions) = total of 40 admissions

**KSM: Number of clients attending, completing, self-terminating and receiving disciplinary cessation by programme phase  
January – December 2018**

	No. of clients attending programme	No. of clients completing programme	No. of clients self-terminating the programme	No. receiving disciplinary cessation	No. of clients leaving the programme for other reasons
Phase 1	36	12	12	8	0
Phase 2	15	7	4	3	0
Phase 3	8	3	3	1	0
Phase 4	3	0	2	0	0

**Phase 1**

**KSM: Total number of individual clients who attended Phase 1 at least once by sex and age  
January – December 2018**

	Male	Female	Total
≤17	0	0	0
18-19	2	0	2
20-24	3	0	3
25-29	8	1	9
30-34	4	0	4
35-39	6	2	8
40-44	1	1	2
45-49	2	1	3
50-54	0	0	0
55-59	0	0	0
≥60	0	0	0
Not specified	0	0	0
<b>Total</b>	<b>26</b>	<b>5</b>	<b>31</b>

**KSM: Number of clients who attended Phase 1 each month by programme status  
January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
From previous month	7	10	11	4	4	4	3	4	2	5	5	3
Newly admitted	3	3	0	1	2	0	1	1	2	0	0	1
Re-admitted	4	3	1	0	2	0	1	0	1	1	1	1
<b>Total</b>	<b>14</b>	<b>16</b>	<b>12</b>	<b>5</b>	<b>8</b>	<b>4</b>	<b>5</b>	<b>5</b>	<b>5</b>	<b>6</b>	<b>6</b>	<b>5</b>
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Phase completed	0	3	1	1	4	0	0	1	0	0	2	0
Self-terminated	4	1	2	0	0	0	1	2	0	1	1	0
Disciplinary cessation	0	1	5	0	0	1	0	0	0	0	0	1
Sentenced	0	0	0	0	0	0	0	0	0	0	0	0
Referred to another programme	0	0	0	0	0	0	0	0	0	0	0	0
<b>Remain in phase</b>	<b>10</b>	<b>11</b>	<b>4</b>	<b>4</b>	<b>4</b>	<b>3</b>	<b>4</b>	<b>2</b>	<b>5</b>	<b>5</b>	<b>3</b>	<b>4</b>

**KSM: Total number of clients\* who attended Phase 1 at least once by sex and status**

**January – December 2018**

	Male	Female	Total
New	10	4	14
Re-contact	13	2	15
Known	6	1	7
<b>Total</b>	<b>29</b>	<b>7</b>	<b>36</b>
<b>The number of clients in Phase 1 by programme outcome</b>			
Completed phase	11	1	12
Self-terminated	8	4	12
Disciplinary cessation	6	2	8
Sentenced	0	0	0
Referred to another programme	0	0	0
<b>Remain in phase</b>	<b>4</b>	<b>0</b>	<b>4</b>

\* 31 individuals, 5 of which attended more than once (5 re-admissions) = total of 36 admissions

## Phase 2

<b>KSM: Total number of individual clients who attended Phase 2 at least once by sex and age</b>			
<b>January – December 2018</b>			
	Male	Female	Total
≤17	0	0	0
18-19	0	0	0
20-24	1	0	1
25-29	4	0	4
30-34	3	0	3
35-39	3	0	3
40-44	1	1	2
45-49	0	0	0
50-54	0	0	0
55-59	0	0	0
≥60	0	0	0
Not specified	0	0	0
<b>Total</b>	<b>12</b>	<b>1</b>	<b>13</b>

<b>KSM: Number of clients who attended Phase 2 each month by programme status</b>												
<b>January – December 2018</b>												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
From previous month	3	3	4	4	5	6	4	3	3	3	2	3
Newly admitted	0	2	1	0	2	0	0	0	0	0	1	0
Re-admitted	0	1	0	1	2	0	0	1	0	0	1	0
<b>Total</b>	<b>3</b>	<b>6</b>	<b>5</b>	<b>5</b>	<b>9</b>	<b>6</b>	<b>4</b>	<b>4</b>	<b>3</b>	<b>3</b>	<b>4</b>	<b>3</b>
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Phase completed	0	2	1	0	1	1	0	1	0	1	0	0
Self-terminated	0	0	0	0	2	0	0	0	0	0	1	1
Disciplinary cessation	0	0	0	0	0	1	1	0	0	0	0	1
Sentenced	0	0	0	0	0	0	0	0	0	0	0	0
Referred to another programme	0	0	0	0	0	0	0	0	0	0	0	0
<b>Remain in phase</b>	<b>3</b>	<b>4</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>4</b>	<b>3</b>	<b>3</b>	<b>3</b>	<b>2</b>	<b>3</b>	<b>1</b>

**KSM: Total number of clients\* who attended Phase 2 at least once by sex and status**

**January – December 2018**

	Male	Female	Total
New	5	1	6
Re-contact	6	0	6
Known	3	0	3
<b>Total</b>	<b>14</b>	<b>1</b>	<b>15</b>
<b>The number of clients in Phase 2 by programme outcome</b>			
Completed phase	6	1	7
Self-terminated	4	0	4
Disciplinary cessation	3	0	3
Sentenced	0	0	0
Referred to another programme	0	0	0
<b>Remain in phase</b>	<b>1</b>	<b>0</b>	<b>1</b>

*\*13 individuals, 2 of which attended more than once (2 re-admissions) = total of 15 admissions*

### Phase 3

**KSM: Total number of individual clients who attended Phase 3 at least once by sex and age**

**January – December 2018**

	Male	Female	Total
≤17	0	0	0
18-19	0	0	0
20-24	1	0	1
25-29	2	0	2
30-34	1	0	1
35-39	1	0	1
40-44	1	1	2
45-49	1	0	1
50-54	0	0	0
55-59	0	0	0
≥60	0	0	0
Not specified	0	0	0
<b>Total</b>	<b>7</b>	<b>1</b>	<b>8</b>

**KSM: Number of clients who attended Phase 3 each month by programme status  
January – December 2018**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
From previous month	1	1	3	3	2	3	1	1	2	1	2	1
Newly admitted	0	2	1	0	1	0	0	1	0	1	0	0
Re-admitted	0	0	0	0	0	1	0	0	0	0	0	0
<b>Total</b>	<b>1</b>	<b>3</b>	<b>4</b>	<b>3</b>	<b>3</b>	<b>4</b>	<b>1</b>	<b>2</b>	<b>2</b>	<b>2</b>	<b>2</b>	<b>1</b>

  

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Phase completed	0	0	0	1	0	1	0	0	0	0	1	0
Self-terminated	0	0	1	0	0	1	0	0	1	0	0	0
Disciplinary cessation	0	0	0	0	0	1	0	0	0	0	0	0
Sentenced	0	0	0	0	0	0	0	0	0	0	0	0
Referred to another programme	0	0	0	0	0	0	0	0	0	0	0	0
<b>Remain in phase</b>	<b>1</b>	<b>3</b>	<b>3</b>	<b>2</b>	<b>3</b>	<b>1</b>	<b>1</b>	<b>2</b>	<b>1</b>	<b>2</b>	<b>1</b>	<b>1</b>

**KSM: Total number of clients\* who attended Phase 3 at least once by sex and status**

**January – December 2018**

	Male	Female	Total
New	5	1	6
Re-contact	1	0	1
Known	1	0	1
<b>Total</b>	<b>7</b>	<b>1</b>	<b>8</b>

  

**The number of clients in Phase 3 by programme outcome**

Completed phase	2	1	3
Self-terminated	3	0	3
Disciplinary cessation	1	0	1
Sentenced	0	0	0
Referred to another programme	0	0	0
<b>Remain in phase</b>	<b>1</b>	<b>0</b>	<b>1</b>

\*8 individuals, 0 of which attended more than once (0 re-admissions) = total of 8 admissions

## Phase 4

KSM: Total number of individual clients who attended Phase 4 at least once by sex and age			
January – December 2018			
	Male	Female	Total
≤17	0	0	0
18-19	0	0	0
20-24	0	0	0
25-29	1	0	1
30-34	0	0	0
35-39	1	0	1
40-44	0	1	1
45-49	0	0	0
50-54	0	0	0
55-59	0	0	0
≥60	0	0	0
Not specified	0	0	0
<b>Total</b>	<b>2</b>	<b>1</b>	<b>3</b>

KSM: Number of clients who attended Phase 4 each month by programme status												
January – December 2018												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
From previous month	0	0	0	0	1	1	1	0	0	0	0	1
Newly admitted	0	0	0	1	0	1	0	0	0	0	1	0
Re-admitted	0	0	0	0	0	0	0	0	0	0	0	0
<b>Total</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>1</b>	<b>2</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>1</b>
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Phase completed	0	0	0	0	0	0	0	0	0	0	0	0
Self-terminated	0	0	0	0	0	1	1	0	0	0	0	0
Disciplinary cessation	0	0	0	0	0	0	0	0	0	0	0	0
Sentenced	0	0	0	0	0	0	0	0	0	0	0	0
Referred to another programme	0	0	0	0	0	0	0	0	0	0	0	0
<b>Remain in phase</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>1</b>

**KSM: Total number of clients\* who attended Phase 4 at least once by sex and status**

**January – December 2018**

	Male	Female	Total
New	2	1	3
Re-contact	0	0	0
Known	0	0	0
<b>Total</b>	<b>2</b>	<b>1</b>	<b>3</b>
<b>The number of clients in Phase 4 by programme outcome</b>			
Completed phase	0	0	0
Self-terminated	2	0	2
Disciplinary cessation	0	0	0
Sentenced	0	0	0
Referred to another programme	0	0	0
<b>Remain in phase</b>	<b>0</b>	<b>1</b>	<b>1</b>

*\*3 individuals, 0 of which attended more than once (0 re-admissions) = total of 3 admissions*

## Alcohol Rehabilitation Service

The Alcohol Rehabilitation Programme (Zerniq) provides an environment where persons with a desire to stop abusing alcohol will have the opportunity to modify their behaviour, adopt a new lifestyle and re-integrate into society.

*Due to unforeseen circumstances data concerning this service is not available at this time.*

## Your Parenting Journey

Parenting Journey programs are designed to help mothers, fathers, and caregivers increase their confidence and resilience while laying the groundwork for strong family relationships. The group facilitator is both advisor and educator, and he or she establishes a safe atmosphere with supportive limits in which parents can express themselves and integrate their emotional experiences with their cognitive understanding.

*Note: The service ceased operation in June 2018*

YPJ: Number of cases worked with in the year January – December 2018	
	2018
New	0
Re-contact	0
Known	13
<b>Total cases worked with</b>	<b>13</b>
Number of individuals worked with	13

<b>YPJ: Number of referrals</b>				
<b>Number of cases referred by month and year of referral</b>				
	2015	2016	2017	2018
Jan	-	1	0	0
Feb	-	2	0	0
Mar	-	9	5	0
Apr	-	0	4	0
May	-	0	0	0
Jun	-	2	0	0
Jul	-	1	1	-
Aug	2	2	1	-
Sep	1	1	0	-
Oct	2	0	2	-
Nov	0	0	9	-
Dec	0	0	2	-
<b>Total</b>	<b>5</b>	<b>18</b>	<b>24</b>	<b>0</b>

<b>YPJ: Case referred by sex and primary problem</b>			
<b>January – December 2018</b>			
	Male	Female	Total
Alcohol	0	0	0
Drugs	0	0	0
Not specified	0	0	0
No issues	0	0	0
<b>Total</b>	<b>0</b>	<b>0</b>	<b>0</b>

<b>YPJ: Number of new and re-contact cases</b>				
<b>Number of cases by month of service opened and year of service opened</b>				
	2015	2016	2017	2018
Jan	-	1	1	0
Feb	-	1	0	0
Mar	-	5	2	0
Apr	-	1	5	0
May	-	0	2	0
Jun	-	2	0	0
Jul	-	0	1	-
Aug	0	1	1	-
Sep	2	1	0	-
Oct	0	2	2	-
Nov	0	1	6	-
Dec	0	0	4	-
<b>Total</b>	<b>2</b>	<b>15</b>	<b>24</b>	<b>0</b>

<b>YPJ: Number of new cases</b>				
<b>Number of cases by month opened and year opened</b>				
	2015	2016	2017	2018
Jan	-	1	1	0
Feb	-	2	0	0
Mar	-	5	2	0
Apr	-	1	5	0
May	-	0	2	0
Jun	-	2	0	0
Jul	-	0	1	-
Aug	0	1	1	-
Sep	2	1	0	-
Oct	0	1	2	-
Nov	0	1	5	-
Dec	0	0	4	-
<b>Total</b>	<b>2</b>	<b>15</b>	<b>23</b>	<b>0</b>

YPJ: Case service opened by age and sex January – December 2018			
	Male	Female	Total
≤17	0	0	0
18-19	0	0	0
20-24	0	0	0
25-29	0	0	0
30-34	0	0	0
35-39	0	0	0
40-44	0	0	0
45-49	0	0	0
50-54	0	0	0
55-59	0	0	0
≥60	0	0	0
Not specified	0	0	0
<b>Total</b>	<b>0</b>	<b>0</b>	<b>0</b>

YPJ: Case service opened by town of residence and sex January – December 2018			
	Male	Female	Total
Northern Harbour District	0	0	0
Southern Harbour District	0	0	0
Northern District	0	0	0
South Eastern District	0	0	0
Western District	0	0	0
Gozo	0	0	0
Shelter	0	0	0
Prison	0	0	0
Not specified	0	0	0
<b>Total</b>	<b>0</b>	<b>0</b>	<b>0</b>

YPJ: Number of cases closed				
Number of cases closed by month and year of closure				
	2015	2016	2017	2018
Jan	-	0	1	0
Feb	-	0	2	2
Mar	-	1	1	1
Apr	-	1	0	0
May	-	0	0	0
Jun	-	0	2	10
Jul	-	0	4	-
Aug	0	0	0	-
Sep	0	1	1	-
Oct	1	0	0	-
Nov	0	2	1	-
Dec	0	0	5	-
<b>Total</b>	<b>1</b>	<b>5</b>	<b>17</b>	<b>13</b>

## Glossary of Terms

Variable	Definition
Alcohol and Gambling Community Services	A Sedqa service based at St. Venera dealing with alcohol or gambling issues. Activities include referrals, psycho-social sessions and support.
Alcohol Rehabilitation Unit	A residential setting situated at Luqa providing an alcohol rehabilitation programme tailored for the client's specific needs.
Awaiting first contact	Some clients will be referred to a service, allocated a key worker but will not have had a first contact or session yet.
Case Conference	A meeting held between two or more care professional/s to discuss the case of a particular client. The client is usually present for part of this meeting.
CCF	Corradino Correctional Facility.
Clients not interested in the service	These are clients who would have requested the service, been placed on the waiting-list, but when they are provided an appointment date they either say that they are not interested anymore or they just never turn up for the first appointment
Community Centre:	The base for Sedqa's Community Services, situated at St. Venera.
Completed (Programme):	A programme that the client has finished and departed from with the consent of care professional/s. Clients following a residential programme usually return to their home (community setting). Upon programme completion clients are usually re-referred to the agency's community care services.
Contact Session	Usually the first exploratory meeting between a person with a substance misuse problem and the drug, alcohol, or gambling care services.
Counselling Session	It is termed counselling session only in name but it has no relation to the Counselling Profession. The term actually refers to a psycho-social session conducted by a social worker. This is a session (office visit) delivered by a professional as part of the care process. These sessions include but are not limited to motivational sessions, care-plan planning, monitoring of client progress and after-care sessions.  The term is used in the report for standardisation

	of past reports; however, the term will be discontinued in future as per Chapter 538 Counselling profession.
Crisis Intervention Session	A session carried out with a client and/or significant other because of an acute situation encountered requiring rapid intervention.
Disciplinary Cessation	The withdrawal of a client from a programme for breaking the rules.
Drug Community Service	A Sedqa service based at St Venera dealing with drug abuse issues. Activities include referrals, psycho-social sessions and support.
Family Session	A face-to-face intervention usually involving the client and one (or more) family member(s) or significant other(s).
Foreign	See nationality.
From Previous Month	A client seen in the present month who was already being seen in the previous month.
Sex	An individual's phenotypic sex (the sex expressed by external genitalia) as opposed to sex identified sex
Group Session	Regular sessions conducted by one (or more) care professional/s attended by a number of clients (and/or significant others).
Home Visit	An intervention carried out by a care professional at the client's residence or another location in which the client resides.
Hospital	Mater Dei Hospital, Tal-Qroqq, or other private hospital services.
Index Person	The person with the actual problem e.g. drug addiction, addiction to gambling etc, for which the person is seeking assistance from Sedqa.
Information Session	A meeting with a care professional requested by a client, significant other or a member of the general public because of a problem or enquiry they have regarding alcohol or drug misuse.
Known Clients	Clients whose cases were activated or opened in the previous reporting years and they are still active in the current reporting year. This may also be referred to as cases carried over from previous years.

Location	The location where the session was conducted.
Lost Contact	Clients who were in contact with the care services but who have not been in contact recently and they have not made any attempt to re-contact the service.
Mental Health Services	Services which provide care or support for psychiatric issues e.g. Mount Carmel Hospital, Psychiatric Out-Patients etc.
Methadone (litres) amount of	The quantity of methadone distributed (in litres) by a centre per month. See Substitute Therapy.
Nationality:	An individual is classified as Maltese if they either: (1) were born in Malta; (2) possess a Maltese passport; or (3) have resided in Malta more than 6 months. An individual is classified as foreign if they do not fulfil any of the above criteria.
New Clients	A client whose case was opened or activated for the first time ever within the reporting year and which was never previously worked with
Not Specified (NS)	A variable that cannot be specified because of a lack of information.
Outreach	Engaging with service users who are not stationary but rather at locations where the need is. For example during dispensation of methadone or near doctors' offices. Outreach mainly has an educational role by raising awareness about existing services.
On-going	Rehabilitation and/or treatment in progress.
Other	Treatment or location not elsewhere specified.
Partner (Client with):	The client's husband, wife, boyfriend or girlfriend.
Place of Residence	Town or village where the client usually lives.
Previous Month (From):	A continuation of client contact from the preceding to the present month with the care services providing treatment and/or rehabilitation.
Primary Problem	Clients often have a complexity of issue or problems. The primary problem indicates one of these issues, which is identified by the client or the professional as the most problematic at this time.

Programme Status	The different stages of the rehabilitation/ treatment programme.
Re-contact/Re-admitted	A client's return to a service after having terminating or loosing contact with the service.
Referred Clients	Those individuals with a substance misuse problem whose details have been given to the care services by another person. Contact is then made either by phone or through a visit to the care service premises.
Remain in Programme	Clients who have stayed in contact, from one month to the next, with the unit providing care services.
Primary Problem	Clients often have a complexity of issue or problems. The secondary problem indicates one of these issues, which is identified by the client or the professional as the most problematic at this time.
Self-Terminated/ Terminated Against Advice	Client's withdrawal from a treatment or rehabilitation programme without the consent of the care professional/s.
Session	A significant intervention by a caring professional or a group of caring professional/s with the client.
Significant Other	An individual who is closely involved in a client's life, e.g. partner, family, friends, employer etc.
SMIPU	Substance Misuse In-Patient Unit. Sedqa's residential Drug Detoxification Centre (Dar L-Impenn), situated at Hal-Farrug.
SMOPU	Substance Misuse Out-Patient Unit. Sedqa's out-patient drug detoxification centre situated at St Luke's Hospital, G'Mangia.
Substitute Therapy	The substitution of the harmful drug, for example heroin, with a less harmful one with similar pharmacological properties, such as Methadone.
Symptomatic Treatment	Treatment for the relief of withdrawal symptoms such as nausea, vomiting, diarrhoea, back pain, insomnia, and depression using non-narcotic means.
Transferred	The client is transferred to another unit or agency, which will be better cater for the client's needs.

## Maltese Districts

NHD/ Northern Harbour District	Birkirkara, Gzira, Hamrun, Msida, Pembroke, Pieta, Qormi, San Giljan, San Gwann, Santa Venera, Sliema, Swieqi, Ta Xbiex.
SHD/ Southern Harbour District	Birgu, Bormla, Fgura, Floriana, Isla, Kalkara, Luqa, Marsa, Paola, Santa Lucija, Tarxien, Valletta, Xaghjra, Zabbar.
SED/ South Eastern District	Birzebbugia, Ghaxaq, Gudja, Kirkop, Marsaskala, Marsaxlokk, Mqabba, Qrendi, Safi, Zejtun, Zurrieq.
WD/ Western District	Attard, Balzan, Dingli, Iklin, Lija, Mdina, Mtarfa, Rabat, Siggiewi, Zebbug.
ND/ Northern District	Gharghur, Mellieha, Mgarr, Mosta, Naxxar, San Pawl il Bahar.
G/ Gozo and Comino	Rabat, Fontana, Ghajnsielem, Gharb, Ghasri, Kercem, Munxar, Nadur, Qala, San Lawrenz, Sannat, Xaghra, Xewkija, Zebbug, Comino
Homeless	Not residing within any residence
Institution/ home	Resides in a residential home, shelter e.g. Ghabex or YMCA, in prison or Hospital e.g. Mount Carmel Hospital.
Not residing in Malta	Resides in a foreign country and is in Malta for a short stay.

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