

Foundation for Social Welfare Services

Sedqa

Yearly

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Reporting on:

January to December

2019



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Online version

Foundation for Social Welfare Services

Sedqa Yearly Statistical Report 2019

Foundation for Social Welfare Services, Malta
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Introduction

This report provides, in tabular format, the statistical information regarding the services within Sedqa. The tables include, but are not limited to, the number of cases worked with, individuals worked with, number of referrals, new and re-contact cases, cases closed, and key demographic details. This information provides an indication of service performance and is used to determine the profiles of service users attending the various services. For further information regarding the aims and activities of the services, please refer to the website: fsws.gov.mt

The data contained in this report is based on information submitted by the services to the Research Team in January 2020. Where applicable, the report provides data on an individual level as well as on a family level. It is important to note that the same individuals may stop and start attending a given service multiple times in the reporting year and/or may be attending one or more services concurrently within the reporting period. As a result, the summing up of services may lead to an over-estimation of the number of individuals attending the agency.

This report would not have been possible without the kind assistance of each worker who diligently provided the data and of the people who keyed in all the data.

The data contained in this report is subject to revision and modification, as and when the relevant information becomes available.

List of Acronyms

Acronym	Description
AGCT	Alcohol and Gambling Community Service
DCT	Drugs Community Service
Court	Court Services
PSS	Psychological services
FTS	Family Therapy Services
Zerniq	Alcohol Rehabilitation Programme
SMOPU	Substance Misuse Out-patient Unit
SMIPU	Substance Misuse In-patients Unit
ASU	Assessment & Stabilisation Unit
KSM	Komunita` Santa Marija Drug Residential Rehabilitation Programme
YPJ	Your Parenting Journey
PPV	Primary Prevention Team
SAFE	Substance Abuse Free Employee Programme
TFAL	Tfal Favur Ambjent Liberu
GP	General Practitioner
CCF	Corradino Correctional Facility
MCH	Mount Carmel Hospital
NGO	Non-Governmental Organisation
FSWS	Foundation for Social Welfare Services
SMOPU SW	Substance Misuse Out-patient Unit Social Work Unit

Executive Summary

The following tables summarise the main statistics reported by the SEDQA services.

Service	Cases worked with	Individuals worked with
Alcohol and Gambling Community Service	352	345
Drugs Community Service	645	618
Psychological services	375	352
Family Therapy Services	170	166
Substance Misuse Out-patient Unit	1012	1012
Substance Misuse In-patients Unit	176	151
Phase 1 (ex ASU)	54	52
Phase 2 (ex KSM)	21	21
Phase 3 (ex Zerniq)	6	6

Service	Additional information
Primary Prevention Team	A total of 1175 interventions (talks, sessions, etc.) were held. A further 18 outreach events, 3 media interventions and 1 SAFE exhibition were held.
Alcohol and Gambling Community Service	2448 appointments kept out of 3029 appointments scheduled.
Drugs Community Service	4286 appointments kept out of 6273 appointments scheduled; Out of the 6273 appointments, 143 appointments were kept out of the 292 scheduled for the stimulants clinic.
Substance Misuse Out-patient Unit	Average of 38 sessions per month provided by the Dual Diagnosis Clinic. Average of 1101.50 litres of methadone distributed each month.
Social Work at Substance Misuse Out-patient Unit	Average of 390 clients per month.

Primary Prevention Team

The aim of the Primary Prevention Team (PPV) is to provide members of society with information about substances and to provide training programmes on topics such as healthy living, appreciation of one's abilities and self-determination.

Please note that since the same individuals may attend more than one talk/ session, the number of participants does not indicate the actual number of individuals attending and only provides an approximate number.

PPV: Approximate number of intervention, hours of interventions, participants and materials distributed by prevention sector January – December 2019

	Number of Interventions*	Hours of Interventions	Number of Participants	Number of Materials Distributed
Primary sector	862	36194	10389	1731.25
Secondary sector	96	6343	2565	269.4
Community sector	82	1643	170	159.25
Work sector	135	3047	8624	210.25
Total	1175	47227	21748	2370.15

**examples of interventions include talks, sessions,*

Between January and December 2019 a further 18 outreach events, 3 media interventions and 1 SAFE exhibition were held.

PPV: Approximate number of interventions co-ordinated and delivered on request by participant type and prevention sector January – December 2019

	Primary Sector	Secondary Sector	Community Sector	Work Sector	Total
Children	745	0	13	0	758
Youths	2	86	31	0	119
Adults	114	10	36	135	295
Mixture of age groups	1	0	2	0	3
Total	862	96	82	135	1175

**PPV: Approximate number of interventions co-ordinated and delivered on request by district and prevention sector
January – December 2019**

	Primary Sector	Secondary Sector	Community Sector	Work Sector	Total
Northern Harbour District	295	42	16	55	408
Southern Harbour District	165	20	41	52	278
Gozo District	140	0	0	0	140
Western District	75	20	15	19	129
South Eastern District	106	0	4	7	117
Northern District	81	14	6	2	103
Not specified	0	0	0	0	0
Total	862	96	82	135	1175

**PPV: Approximate number of interventions co-ordinated and delivered on request by entity reached and prevention sector
January – December 2019**

	Primary Sector	Secondary Sector	Community Sector	Work Sector	Total
School	858	94	3	1	956
Employer/workplace	0	0	0	134	134
Association/group	0	0	32	0	32
Youth group	1	1	14	0	16
Sports related entity	0	0	12	0	12
FSWS Community centre	3	1	6	0	10
Residential home	0	0	6	0	6
Family related service	0	0	4	0	4
Church related service	0	0	3	0	3
Local council	0	0	2	0	2
Total	862	96	82	135	1175

**PPV: Approximate number of interventions co-ordinated and delivered on request by programme topic and prevention sector
January – December 2019**

	Primary Sector	Secondary Sector	Community Sector	Work Sector	Total
TFAL 3 programme	718	0	1	1	720
Community programme	23	94	79	0	196
SAFE programme	0	0	0	134	134
TFAL 5 programme	107	0	0	0	107
Skola Sajf	14	0	1	0	15
Post-secondary programme	0	2	0	0	2
Secondary programme	0	0	1	0	1
Total	862	96	82	135	1175

**PPV: Approximate number of interventions co-ordinated and delivered on request by programme topic and month of intervention
January – December 2019**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
TFAL 3 programme	89	110	108	66	81	16	0	0	8	106	97	39	720
Community programme	24	14	23	16	17	11	21	10	7	9	39	5	196
SAFE programme	3	7	15	5	20	9	10	5	11	19	24	6	134
TFAL 5 programme	0	0	0	5	35	7	0	0	0	33	23	4	107
Skola Sajf	0	0	0	0	0	0	11	2	1	1	0	0	15
Post-secondary programme	0	0	0	0	0	0	0	0	0	0	0	2	2
Secondary programme	0	0	0	0	0	0	0	0	0	0	0	1	1
Total	116	131	146	92	153	43	42	17	27	168	183	57	1175

Alcohol and Gambling Community Service

The aim of the Alcohol and Gambling Community Services (AGCT) is to provide support at community level to persons abusing alcohol, persons with gambling issues and their families.

Unless otherwise specified, an *index person* refers to the person with the actual problem e.g. drug addiction, addiction to gambling etc., for which the person is seeking assistance from this unit.

Significant other refers to an individual who is seeking assistance from Sedqa because of another person's problems (to whom they are closely involved with), and this other person is not currently a client within the unit.

AGCT: Total number of individual clients who attended at least once by client type and primary problem January – December 2019

	Alcohol problem only	Gambling problem only	Both alcohol and gambling problem	Total
Index clients	279	34	5	318
Significant others	26	1	0	27
Total	305	35	5	345

AGCT: Total number of individual clients (index persons and significant others) who attended at least once by status and primary problem January – December 2019

	Alcohol problem only	Gambling problem only	Both alcohol and gambling problem	Total
New clients	95	6	1	102
Re-contact clients	37	9	1	47
Known clients	173	20	3	196
Total	305	35	5	345

7 index clients and 0 significant other clients re-contacted within the same year.

**AGCT: Total number of individual clients who attended at least once by sex and primary problem
January – December 2019**

Index persons				
	Alcohol problem only	Gambling problem only	Both alcohol and gambling problem	Total
Male	206	29	5	240
Female	73	5	0	78
Total	279	34	5	318
Significant others				
	Alcohol problem only	Gambling problem only	Both alcohol and gambling problem	Total
Male	3	1	0	4
Female	23	0	0	23
Total	26	1	0	27

**AGCT: Total number of new and re-contact index clients who attended at least once by primary drug/problem* and secondary drug/ problem*
January – December 2019**

		Primary drug/ problem reported				
		Alcohol	Gambling	Cocaine	Ampheta mines	Total
Secondary drug/ problem reported	Cocaine	7	0	0	0	7
	Cannabis	6	0	0	0	6
	Heroin	3	0	0	0	3
	Gambling	2	0	0	0	2
	Alcohol	0	1	0	0	1
	Ecstasy	0	0	0	0	0
	None reported	109	14	0	0	123
	Total	127	15	0	0	142

* Please note that this is the drug/problem reported at the time when the first contact sheet was filled in and it is the drug used/issue in the last 12 months.

All Clients with an Alcohol Problem

Some of the clients attending the service due to an alcohol problem also attend due to a gambling problem and will be recorded under the gambling section as well.

AGCT: Total number of clients (index persons and significant others) reporting an alcohol problem who attended at least once by status and sex January – December 2019

Index persons			
	Male	Female	Total
New clients	60	23	83
Re-contact clients	27	11	38
Known clients	124	39	163
Total	211	73	284
Significant others			
	Male	Female	Total
New clients	1	12	13
Re-contact clients	0	0	0
Known clients	2	11	13
Total	3	23	26

A total of **310** individual persons attended AGCT between January and December 2019 for an alcohol problem, of which **284** were index clients and **26** clients were significant other.

An *index person* refers to the person with the actual problem e.g. drug addiction, addiction to gambling etc., for which the person is seeking assistance from this unit. *Significant other* refers to an individual who is seeking assistance from Sedqa because of another person's problems (to whom they are closely involved with), and this other person is not currently a client within the unit.

AGCT: Total number of individual clients (index persons and significant others) who attended at least once for an alcohol problem by age and sex January – December 2019

	Male	Female	Total
≤17	0	0	0
18-19	0	1	1
20-24	3	5	8
25-29	5	1	6
30-34	17	6	23
35-39	34	11	45
40-44	0	0	0
45-49	69	32	101
50-54	24	9	33
55-59	20	13	33
≥60	39	17	56
Not specified	3	1	4
Total	214	96	310

**AGCT: Total number of individual clients (index persons and significant others) who attended at least once for an alcohol problem by district of residence and sex
January – December 2019**

	Male	Female	Total
Northern Harbour District	77	38	115
Southern Harbour District	41	13	54
Northern District	30	19	49
Western District	27	14	41
South Eastern District	28	11	39
Gozo and Comino	1	1	2
Institution or shelter	5	0	5
Homeless	3	0	3
Not residing in Malta	0	0	0
Not specified	2	0	2
Total	214	96	310

**AGCT: Number of clients (index persons and significant others) referred for an alcohol problem by month of referral and sex
January – December 2019**

Cases referred and began attending the service

	Male	Female	Total
January	8	6	14
February	5	0	5
March	6	6	12
April	4	4	8
May	7	4	11
June	8	4	12
July	10	6	16
August	9	4	13
September	8	3	11
October	11	3	14
November	8	1	9
December	6	2	8
Total	90	43	133

AGCT: Number of clients (index persons and significant others) referred for an alcohol problem each month by type of referral

January – December 2019

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Self-referred	7	4	11	7	7	9	10	12	10	13	8	7
Courts, CCF, police or probation	0	0	0	0	1	0	0	0	1	1	0	0
Family	0	0	0	0	0	1	1	1	0	0	0	0
Hospital, other medical service or GP	0	0	0	0	0	1	2	0	0	0	0	0
Psychiatric services, MCH	0	0	0	0	1	0	1	0	0	0	0	0
Other FSWS services	0	0	1	0	0	0	0	0	0	0	0	0
Other Sedqa services	0	0	0	0	0	1	0	0	0	0	0	0
Friend or acquaintance	0	0	0	0	0	0	0	0	0	0	0	0
Other NGO	0	0	0	0	0	0	0	0	0	0	0	0
Government department	0	0	0	0	0	0	0	0	0	0	0	0
Other professional	0	0	0	0	0	0	0	0	0	0	0	0
Other social work services	0	0	0	0	0	0	0	0	0	0	0	0
Parish or other church organisation	0	0	0	0	0	0	0	0	0	0	0	0
Place of employment	0	0	0	0	0	0	0	0	0	0	0	0
Private psychiatrist/psychologist	0	0	0	0	0	0	0	0	0	0	0	0
School	0	0	0	0	0	0	0	0	0	0	0	0
Not specified	7	1	0	1	2	0	2	0	0	0	1	1
Total	14	5	12	8	11	12	16	13	11	14	9	8

AGCT: Number of new clients (index persons and significant others) with an alcohol problem by month starting and sex

January – December 2019

	Male	Female	Total
January	5	3	8
February	2	0	2
March	8	6	14
April	1	1	2
May	3	4	7
June	7	4	11
July	10	7	17
August	2	2	4
September	7	4	11
October	9	2	11
November	4	1	5
December	3	1	4
Total	61	35	96

**AGCT: Number of new and re-contact clients (index persons and significant others) with an alcohol problem by month starting and sex
January – December 2019**

	Male	Female	Total
January	10	6	16
February	7	0	7
March	11	8	19
April	2	2	4
May	5	6	11
June	9	4	13
July	16	8	24
August	5	2	7
September	8	4	12
October	11	3	14
November	6	2	8
December	4	1	5
Total	94	46	140

**AGCT: Number of clients (index persons and significant others) with an alcohol problem by reason for termination and sex
January – December 2019**

	Male	Female	Total
Lost contact (terminated without notice)	40	13	53
Programme/ treatment completed	24	6	30
Terminated against advice	22	10	32
Transferred	0	1	1
Disciplinary cessation	0	0	0
Deceased	2	0	2
Total	88	30	118

**AGCT: Total number of appointments with clients (index persons and significant others) with an alcohol problem each month by outcome
January – December 2019**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Cancelled	16	8	7	16	13	10	6	17	9	16	12	5	135
Did not show	33	23	22	22	20	14	22	18	35	15	26	15	265
Rescheduled	22	12	21	7	8	0	4	1	3	12	7	1	98
Total	71	43	50	45	41	24	32	36	47	43	45	21	498
Appointments kept	164	172	195	191	184	158	191	200	193	173	199	115	2135

**AGCT: Number of sessions carried out with clients (index persons and significant others) with an alcohol problem each month by attendee
January – December 2019**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Client only	145	135	161	160	165	132	168	163	166	145	179	105
Significant other only	2	2	2	0	1	1	4	11	3	5	1	2
Client & significant other/s	8	16	7	9	4	12	7	15	10	6	5	2
Client & professional/s	6	14	21	13	9	8	8	8	10	15	11	5
Client, significant other & professional/s	2	1	3	1	0	0	3	3	1	0	0	0
Significant other & professional/s	0	0	0	1	1	1	0	0	0	0	1	0
Professional/s only	1	4	1	7	4	4	1	0	3	2	2	1
Total	164	172	195	191	184	158	191	200	193	173	199	115

Note: Significant others includes all individuals closely involved in a person's life whether this other person was attending the unit or not.

**AGCT: Number of sessions carried out with clients (index persons and significant others) with an alcohol problem each month by location of session
January – December 2019**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
AGCT Sedqa	123	133	146	148	137	114	148	156	149	121	145	94	1614
Home visits	4	3	2	4	4	3	5	8	6	7	10	3	59
Mental health service	9	5	8	6	7	12	5	6	9	14	6	2	89
Hospital/ other medical facility	3	5	1	1	1	2	5	4	3	0	0	2	27
Other Sedqa services	9	12	13	14	13	10	18	18	16	25	21	11	180
Courts/ prison/ probation	8	2	13	6	3	6	2	5	4	4	6	1	60
Via telephone	1	0	1	1	3	6	6	1	0	1	1	0	21
Other FSWS	5	4	4	7	10	2	0	0	4	0	2	0	38
Community visits	2	6	7	2	6	3	2	2	2	1	3	2	38
Stimulants clinic	0	0	0	0	0	0	0	0	0	0	0	0	0
Other NGO	0	0	0	0	0	0	0	0	0	0	4	0	4
Other	0	2	0	2	0	0	0	0	0	0	1	0	5
Not specified	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	164	172	195	191	184	158	191	200	193	173	199	115	2135

**AGCT: Number of sessions carried out with clients (index persons and significant others) with an alcohol problem each month by type of session
January – December 2019**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Psycho-social session ¹	129	124	142	144	145	121	127	153	143	119	146	77	1570
Support session	2	3	4	4	5	1	15	8	11	5	8	5	71
Assessment	13	7	10	12	11	13	29	23	18	31	22	15	204
Brief intervention	2	2	6	11	5	6	7	3	6	5	3	7	63
Case conference	5	2	6	4	5	1	3	1	7	3	3	3	43
Advocacy	1	7	3	0	3	6	0	2	0	0	2	1	25
Appointment with doctor	12	26	24	16	8	10	10	10	8	9	14	7	154
Crisis intervention	0	0	0	0	1	0	0	0	0	0	0	0	1
Court visit	0	1	0	0	1	0	0	0	0	1	1	0	4
Counselling session ²	0	0	0	0	0	0	0	0	0	0	0	0	0
Group session	0	0	0	0	0	0	0	0	0	0	0	0	0
Not specified	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	164	172	195	191	184	158	191	200	193	173	199	115	2135

¹ In the past, it was termed counselling session only in name but it is not related to the Counselling Profession. The term actually refers to a psycho-social session conducted by a social worker. This is a session (mainly office visit) delivered by a professional as part of the care process. These sessions include but are not limited to motivational sessions, care-plan planning, monitoring of client progress and after-care sessions. The term counselling session was used in the past for standardisation of reports; however, the term is now discontinued as per Chapter 538 of the Counselling Profession Act.

² This is a Counselling profession intervention as per Chapter 538, which is purely provided by a counselling professional.

All Clients with a Gambling Problem

Some of the clients attending for a gambling problem also attend for an alcohol problem and will be recorded under the alcohol section as well.

AGCT: Total number of clients (index persons and significant others) with a gambling problem who attended at least once by status and sex January – December 2019			
Index persons			
	Male	Female	Total
New clients	6	1	7
Re-contact clients	9	0	9
Known clients	19	4	23
Total	34	5	39
Significant others			
	Male	Female	Total
New clients	0	0	0
Re-contact clients	1	0	1
Known clients	0	0	0
Total	1	0	1

A total of **40** individual persons attended AGCT between January and December 2019 for a gambling problem, of which **39** were index clients and **1** clients were significant other.

An **index person** refers to the person with the actual problem e.g. drug addiction, addiction to gambling etc., for which the person is seeking assistance from this unit. **Significant other** refers to an individual who is seeking assistance from Sedqa because of another person's problems (to whom they are closely involved with), and this other person is not currently a client within the unit.

**AGCT: Total number of individual clients (index persons and significant others) who attended at least once for a gambling problem by age and sex
January – December 2019**

	Male	Female	Total
≤17	0	0	0
18-19	0	0	0
20-24	0	1	1
25-29	3	0	3
30-34	7	0	7
35-39	1	1	2
40-44	0	0	0
45-49	10	0	10
50-54	3	2	5
55-59	5	1	6
≥60	6	0	6
Not specified	0	0	0
Total	35	5	40

**AGCT: Total number of individual clients (index persons and significant others) who attended at least once for a gambling problem by district of residence and sex
January – December 2019**

	Male	Female	Total
Southern Harbour District	10	1	11
Northern Harbour District	12	2	14
Northern District	5	0	5
South Eastern District	4	1	5
Western District	3	0	3
Gozo and Comino	0	0	0
Institution or shelter	1	0	1
Homeless	0	1	1
Not residing in Malta	0	0	0
Not specified	0	0	0
Total	35	5	40

**AGCT: Number of clients (index persons and significant others) referred for a gambling problem by month of referral and sex
January – December 2019**

Cases referred and began attending the service			
	Male	Female	Total
January	2	0	2
February	2	0	2
March	0	0	0
April	1	1	2
May	1	0	1
June	2	0	2
July	5	0	5
August	1	0	1
September	0	0	0
October	1	0	1
November	1	0	1
December	1	1	2
Total	17	2	19

**AGCT: Number of clients (index persons and significant others) referred for a gambling problem each month by type of referral
January – December 2019**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Self-referred	0	2	0	2	1	2	5	1	0	1	1	2
Psychiatric services, MCH	1	0	0	0	0	0	0	0	0	0	0	0
Government department	0	0	0	0	0	0	0	0	0	0	0	0
Courts, CCF, police or probation	0	0	0	0	0	0	0	0	0	0	0	0
Hospital, other medical service or GP	0	0	0	0	0	0	0	0	0	0	0	0
Other FSWS services	0	0	0	0	0	0	0	0	0	0	0	0
Family	0	0	0	0	0	0	0	0	0	0	0	0
Other Sedqa services	0	0	0	0	0	0	0	0	0	0	0	0
Other NGO	0	0	0	0	0	0	0	0	0	0	0	0
Friend or acquaintance	0	0	0	0	0	0	0	0	0	0	0	0
Parish or other church organisation	0	0	0	0	0	0	0	0	0	0	0	0
Place of employment	0	0	0	0	0	0	0	0	0	0	0	0
Private psychiatrist/psychologist	0	0	0	0	0	0	0	0	0	0	0	0
School	0	0	0	0	0	0	0	0	0	0	0	0
Not specified	1	0	0	0	0	0	0	0	0	0	0	0
Total	2	2	0	2	1	2	5	1	0	1	1	2

**AGCT: Number of new clients (index persons and significant others) with a gambling problem by month starting and sex
January – December 2019**

	Male	Female	Total
January	0	0	0
February	0	0	0
March	1	0	1
April	1	1	2
May	0	0	0
June	0	0	0
July	1	0	1
August	1	0	1
September	0	0	0
October	2	0	2
November	0	0	0
December	0	0	0
Total	6	1	7

**AGCT: Number of new and re-contact clients (index persons and significant others) with a gambling problem by month starting and sex
January – December 2019**

	Male	Female	Total
January	3	0	3
February	1	0	1
March	1	0	1
April	1	1	2
May	1	0	1
June	3	0	3
July	2	0	2
August	1	0	1
September	2	0	2
October	2	0	2
November	0	0	0
December	0	0	0
Total	17	1	18

**AGCT: Number of clients (index persons and significant others) with a gambling problem by reason for termination and sex
January – December 2019**

	Male	Female	Total
Lost contact (terminated without notice)	5	1	6
Programme/treatment completed	5	1	6
Terminated against advice	3	0	3
Transferred	1	0	1
Deceased	0	0	0
Total	14	2	16

**AGCT: Total number of appointments with clients (index persons and significant others) with a gambling problem each month by outcome
January – December 2019**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Cancelled	2	2	1	5	2	0	0	1	0	0	1	1	15
Did not show	4	6	7	4	2	4	6	2	4	8	4	3	54
Rescheduled	2	2	3	3	3	1	1	1	2	1	1	0	20
Total	8	10	11	12	7	5	7	4	6	9	6	4	89
Appointments kept	29	23	26	29	32	28	35	31	31	24	26	10	324

**AGCT: Number of sessions carried out with clients (index persons and significant others) with a gambling problem each month by attendee
January – December 2019**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Client only	24	21	25	25	29	27	31	28	30	24	24	10
Significant other only	0	0	0	0	2	0	1	0	0	0	0	0
Client & significant other/s	3	2	1	2	0	1	2	2	1	0	0	0
Client & professional/s	2	0	0	1	1	0	0	1	0	0	2	0
Client, significant other & professional/s	0	0	0	0	0	0	0	0	0	0	0	0
Significant other & professional/s	0	0	0	0	0	0	0	0	0	0	0	0
Professional/s only	0	0	0	1	0	0	1	0	0	0	0	0
Total	29	23	26	29	32	28	35	31	31	24	26	10

Note: Significant others includes all individuals closely involved in a person's life whether this other person was attending the unit or not.

**AGCT: Number of sessions carried out with clients (index persons and significant others) with a gambling problem each month by location of session
January – December 2019**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
AGCT Sedqa	26	18	24	24	27	21	27	27	27	18	18	10	267
Home visits	0	1	0	0	1	0	0	0	0	0	1	0	3
Mental health service	0	3	2	1	0	2	2	0	0	0	0	0	10
Hospital/ other medical facility	2	0	0	0	0	0	0	0	0	0	0	0	2
Other Sedqa services	0	0	0	2	4	4	5	4	4	5	7	0	35
Courts/ prison/ probation	0	0	0	0	0	1	0	0	0	0	0	0	1
Via telephone	0	0	0	1	0	0	1	0	0	1	0	0	3
Other FSWS	1	0	0	0	0	0	0	0	0	0	0	0	1
Community visits	0	0	0	0	0	0	0	0	0	0	0	0	0
Stimulants clinic	0	0	0	0	0	0	0	0	0	0	0	0	0
Other NGO	0	0	0	1	0	0	0	0	0	0	0	0	1
Other	0	1	0	0	0	0	0	0	0	0	0	0	1
Not specified	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	29	23	26	29	32	28	35	31	31	24	26	10	324

**AGCT: Number of sessions carried out with clients (index persons and significant others) with a gambling problem each month by type of session
January – December 2019**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Psycho-social session ³	25	19	25	23	31	25	25	28	30	18	19	8	276
Support session	3	1	0	1	0	1	1	0	0	0	1	0	8
Assessment	0	2	1	3	1	0	8	2	1	3	1	2	24
Brief intervention	0	0	0	0	0	0	0	0	0	1	1	0	2
Case conference	0	0	0	0	0	2	0	0	0	0	2	0	4
Advocacy	0	0	0	1	0	0	1	0	0	0	0	0	2
Appointment with doctor	1	1	0	1	0	0	0	1	0	2	2	0	8
Crisis intervention	0	0	0	0	0	0	0	0	0	0	0	0	0
Court visit	0	0	0	0	0	0	0	0	0	0	0	0	0
Counselling session ⁴	0	0	0	0	0	0	0	0	0	0	0	0	0
Group session	0	0	0	0	0	0	0	0	0	0	0	0	0
Not specified	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	29	23	26	29	32	28	35	31	31	24	26	10	324

³ In the past, it was termed counselling session only in name but it is not related to the Counselling Profession. The term actually refers to a psycho-social session conducted by a social worker. This is a session (mainly office visit) delivered by a professional as part of the care process. These sessions include but are not limited to motivational sessions, care-plan planning, monitoring of client progress and after-care sessions. The term counselling session was used in the past for standardisation of reports; however, the term is now discontinued as per Chapter 538 of the Counselling Profession Act.

⁴ This is a Counselling profession intervention as per Chapter 538, which is purely provided by a counselling professional.

Drug Community Services

The aim of the Drug and Court Community Services is to provide information, advice, outreach work, assessment, and aftercare, at the community level, to service users and their families struggling with drug related issues.

DCT: Number of referrals each month by place of referral January – December 2019

Cases referred and registered													
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Self-referred	32	26	33	34	20	23	20	26	26	28	22	11	301
Courts, CCF, police or probation	2	1	1	1	5	3	4	6	2	1	0	2	28
Psychiatric services, MCH	1	1	1	0	0	0	1	1	1	1	1	0	8
Family	1	0	0	0	1	0	2	1	0	0	1	0	6
Other FSWS services	1	1	0	1	0	0	0	0	3	0	0	0	6
Other Sedqa service	1	0	0	0	2	0	1	1	1	0	0	0	6
Caritas	0	1	0	2	0	0	0	0	0	0	0	0	3
Hospital, other medical service or GP	1	0	0	1	0	0	1	0	0	0	0	0	3
Place of employment	0	0	1	0	0	0	0	0	0	0	0	0	1
Other NGO	0	0	1	0	0	0	0	0	0	0	0	0	1
Friend or acquaintance	0	0	0	0	0	0	0	0	0	0	0	0	0
Parish or other church organisation	0	0	0	0	0	0	0	0	0	0	0	0	0
Private psychiatrist/psychologist	0	0	0	0	0	0	0	0	0	0	0	0	0
School	0	0	0	0	0	0	0	0	0	0	0	0	0
Government department	0	0	0	0	0	0	0	0	0	0	0	0	0
Other	1	0	0	0	0	0	0	0	0	0	0	0	1
Not specified	0	0	0	0	0	1	0	1	0	1	1	1	5
Total	40	30	37	39	28	27	29	36	33	31	25	14	369

DCT: Total number of individual clients who attended at least once by client type and sex January – December 2019

	Male	Female	Total
Index client	473	117	590
Significant other	5	23	28
Total	478	140	618

A total of **618** individual persons were worked with between January to December 2019, of which **590** were index clients and **28** clients were significant other.

An **index person** refers to the person with the actual problem e.g. drug addiction, addiction to gambling etc., for which the person is seeking assistance from this unit. **Significant other** refers to an individual who is seeking assistance from Sedqa because of another person's problems (to whom they are closely involved with), and this other person is not currently a client within the unit.

DCT: Total number of individual clients who attended at least once by age and sex			
January – December 2019			
	Male	Female	Total
≤17	3	0	3
18-19	12	2	14
20-24	77	10	87
25-29	84	22	106
30-34	75	25	100
35-39	93	26	119
40-44	71	26	97
45-49	31	12	43
50-54	20	11	31
55-59	4	3	7
≥60	8	3	11
Not specified	0	0	0
Total	478	140	618

DCT: Total number of individual clients who attended at least once by age and status				
January – December 2019				
	New clients	Re-contact clients	Known clients	Total
≤17	3	0	0	3
18-19	7	1	6	14
20-24	40	12	35	87
25-29	33	18	55	106
30-34	29	27	44	100
35-39	26	28	65	119
40-44	19	20	58	97
45-49	8	14	21	43
50-54	11	5	15	31
55-59	3	1	3	7
>60	6	0	5	11
Not specified	0	0	0	0
Total	185	126	307	618

DCT: Total number of individual clients who attended at least once by status and sex

January – December 2019

Index clients			
	Male	Female	Total
New clients	127	38	165
Re-contact clients	105	21	126
Known clients	241	58	299
Total	473	117	590

Significant other clients			
	Male	Female	Total
New clients	2	18	20
Re-contact clients	0	0	0
Known clients	3	5	8
Total	5	23	28

DCT: Total number of individual clients who attended at least once by sex and nationality

January – December 2019

	Maltese	Other nationality	Total
Male	445	33	478
Female	131	9	140
Total	576	42	618

DCT: Total number of individual clients who attended at least once by district of residence and status

January – December 2019

	New clients	Re-contact clients	Known clients	Total
Northern Harbour District	61	38	90	189
Southern Harbour District	54	39	91	184
South Eastern District	30	16	38	84
Northern District	15	18	41	74
Western District	17	11	26	54
Gozo and Comino	0	0	3	3
Institution or shelter	0	3	12	15
Homeless	5	1	5	11
Not residing in Malta	1	0	1	2
Not specified	2	0	0	2
Total	185	126	307	618

**DCT: Total number of individual clients who attended at least once by district of residence and sex
January – December 2019**

	Male	Female	Total
Northern Harbour District	142	47	189
Southern Harbour District	139	45	184
South Eastern District	65	19	84
Northern District	59	15	74
Western District	46	8	54
Gozo and Comino	2	1	3
Institution or shelter	13	2	15
Homeless	10	1	11
Not residing in Malta	2	0	2
Not specified	0	2	2
Total	478	140	618

**DCT: Total number of individual clients who attended at least once by primary drug reported* and status
January – December 2019**

	New clients	Re-contact clients	Known clients	Total
Heroin	63	61	139	263
Cocaine (powder)	56	25	67	148
Cannabis	37	13	37	87
Cocaine (crack)	17	22	42	81
Synthetic cannabinoids	9	3	17	29
Ecstasy	1	1	1	3
Snowballing	0	0	3	3
Amphetamine/Methamphetamines	1	0	1	2
Alcohol	0	1	0	1
GHB (or GBL, liquid ecstasy)	1	0	0	1
Other synthetic substance	0	0	0	0
Other opiates	0	0	0	0
None reported	0	0	0	0
Total	185	126	307	618

* Please note that this is the primary drug reported at the time when the first contact sheet was filled in and it is the primary drug used in the last 12 months. None reported refer to individuals who did not report using a drug in the last 12 months e.g. clients in rehabilitation program for 12 months, or clients previously in prison program etc. It also refers to significant others who do not report primary drug use.

**DCT: Total number of new and re-contact index clients who attended at least once by primary drug reported* and secondary drug reported*
January – December 2019**

		Primary drug reported										
		Heroin	Cocaine (powder)	Cannabis	Cocaine (crack)	Synthetic cannabinoids	Ecstasy	Alcohol	GHB (or GBL, liquid ecstasy)	Amphetamine/ Methamphetamines	None reported	Total
Secondary drug reported	Cocaine (powder)	21	1	13	4	1	0	1	0	0	0	41
	Cannabis	9	13	3	10	4	0	0	0	0	0	39
	Heroin	0	14	0	8	0	0	0	0	0	0	22
	Alcohol	2	15	0	2	1	0	0	0	0	0	20
	Cocaine (crack)	15	3	1	0	1	0	0	0	0	0	20
	Ecstasy	1	7	2	0	0	0	0	0	0	0	10
	LSD	0	0	2	0	0	0	0	0	0	0	2
	Synthetic cannabinoids	0	1	1	0	0	0	0	0	0	0	2
	GHB (or GBL, liquid ecstasy)	0	0	0	0	0	0	0	0	1	0	1
	Inhalants	0	0	0	0	0	1	0	0	0	0	1
	Other hallucinogen (not LSD)	0	0	0	0	0	0	0	1	0	0	1
	None reported	84	36	32	16	10	1	0	0	0	0	179
	Total	132	90	54	40	17	2	1	1	1	1	0

* Please note that this is the primary and secondary drug reported by new index clients at the time when the first contact sheet was filled in and it is the primary or secondary drug used in the last 12 months. None reported refer to individuals who did not report using a drug in the last 12 months e.g. clients in a rehabilitation program for 12 months, or clients previously in prison program etc.

**DCT: Number of sessions scheduled each month by outcome of session
January – December 2019**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Appointment kept	336	341	372	364	393	374	330	375	366	409	337	289	4286
Cancelled	28	34	27	43	35	25	29	45	25	37	32	30	390
Client did not attend/absent	83	73	92	88	102	94	75	87	104	125	93	73	1089
Rescheduled	43	31	35	57	67	47	54	24	54	39	39	18	508
Total	490	479	526	552	597	540	488	531	549	610	501	410	6273

DCT: Number of session appointments kept each month by type of session held

January – December 2019

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Psycho-social session ⁵	175	194	193	210	234	224	216	233	227	267	236	196	2605
Support session	38	31	48	42	33	28	20	23	27	20	15	19	344
Assessment	41	43	47	51	45	46	38	54	51	69	36	28	549
Brief intervention	33	35	41	29	45	34	26	32	24	22	25	23	369
Case conference	5	7	9	12	9	12	2	12	7	8	10	8	101
Advocacy	2	5	2	1	3	4	3	3	2	2	4	0	31
Appointment with doctor	17	12	20	9	17	17	25	15	24	15	6	12	189
Crisis intervention	2	0	0	1	0	3	0	3	1	1	0	0	11
Court visit	1	3	1	0	3	3	0	0	3	5	4	2	25
Counselling session ⁶	21	11	11	9	4	3	0	0	0	0	1	1	61
Group session	1	0	0	0	0	0	0	0	0	0	0	0	1
Not specified	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	336	341	372	364	393	374	330	375	366	409	337	289	4286

⁵ In the past, it was termed counselling session only in name but it is not related to the Counselling Profession. The term actually refers to a psycho-social session conducted by a social worker. This is a session (mainly office visit) delivered by a professional as part of the care process. These sessions include but are not limited to motivational sessions, care-plan planning, monitoring of client progress and after-care sessions. The term counselling session was used in the past for standardisation of reports; however, the term is now discontinued as per Chapter 538 of the Counselling Profession Act.

⁶ This is a Counselling profession intervention as per Chapter 538, which is purely provided by a counselling professional.

DCT: Number of sessions carried out each month by attendee/s
January – December 2019

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Client only	272	281	297	314	319	306	280	310	298	337	274	237	3525
Client and significant other	13	11	23	10	19	12	6	14	16	24	11	8	167
Client and professional/s	26	28	37	24	31	34	36	31	39	40	44	40	410
Significant other only	9	5	6	3	4	8	4	4	6	2	2	0	53
Client, significant other and professional/s	6	3	1	2	3	3	2	3	3	3	3	2	34
Professionals only	10	13	7	10	17	11	2	12	3	2	3	1	91
Significant other and professional/s	0	0	1	1	0	0	0	1	1	1	0	1	6
Total	336	341	372	364	393	374	330	375	366	409	337	289	4286

Note: The term professional/s refers to any other professional/s attending and does not refer to the client's key worker. Significant others includes all individuals closely involved in a person's life whether this other person was attending the unit or not.

DCT: Number of sessions carried out each month by location
January – December 2019

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
DCT Sedqa	174	191	200	204	200	173	186	212	221	231	213	186	2391
Other Sedqa	21	29	38	34	31	28	39	30	19	28	24	22	343
Courts/ prison/ probation	70	52	67	53	65	62	45	72	51	67	47	36	687
Mental health service	26	26	17	30	38	39	25	27	30	35	19	11	323
Via telephone	21	21	25	18	30	26	14	14	12	18	12	8	219
Appogg	3	7	6	6	5	14	1	6	6	4	7	2	67
Home visit	0	0	1	0	0	7	0	0	3	4	1	3	19
Hospital/ other medical facility	2	2	3	3	3	2	2	1	2	2	1	4	27
School	0	0	0	0	0	0	0	0	0	0	0	0	0
Community visit	1	3	1	3	5	7	3	3	2	10	7	10	55
Stimulants clinic	17	10	14	12	12	13	15	9	20	10	5	6	143
Other FSWS	0	0	0	0	4	2	0	1	0	0	0	0	7
Caritas	0	0	0	0	0	1	0	0	0	0	0	1	2
Other NGO	0	0	0	1	0	0	0	0	0	0	0	0	1
Other	1	0	0	0	0	0	0	0	0	0	1	0	2
Total	336	341	372	364	393	374	330	375	366	409	337	289	4286

**DCT: Number of cases terminated each month by reason for termination
January – December 2019**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Lost contact (terminated without notice)	5	32	37	14	25	15	16	13	17	11	19	13	217
Terminated against advice	2	6	4	2	7	2	0	7	3	8	2	5	48
Programme/ treatment completed	0	2	1	0	2	2	0	2	2	2	2	0	15
Transferred	4	5	1	3	2	3	1	0	5	6	3	4	37
Deceased	0	0	0	0	0	0	0	0	1	0	0	0	1
Total	11	45	43	19	36	22	17	22	28	27	26	22	318

Stimulants Clinic

The following information was extracted from the Drug Community Service database and therefore the data regarding Stimulants Clinic service users overlaps with the Drug Community Service data.

**Stimulants Clinic: Total number of individual clients who attended at least once by age and sex
January – December 2019**

	Male	Female	Total
≤17	0	0	0
18-19	5	0	5
20-24	25	3	28
25-29	20	5	25
30-34	15	6	21
35-39	11	7	18
40-44	10	3	13
45-49	1	3	4
50-54	1	2	3
55-59	0	1	1
≥60	1	0	1
Not specified	0	0	0
Total	89	30	119

**Stimulants Clinic: Total number of individual clients who attended at least once by district of residence and sex
January – December 2019**

	Male	Female	Total
Northern Harbour District	35	11	46
Southern Harbour District	22	8	30
South Eastern District	12	4	16
Northern District	10	4	14
Western District	6	3	9
Gozo and Comino	0	0	0
Institution or shelter	1	0	1
Homeless	3	0	3
Not residing in Malta	0	0	0
Not specified	0	0	0
Total	89	30	119

**Stimulants Clinic: Total number of individual clients who attended at least once by sex and nationality
January – December 2019**

	Male	Female	Total
Maltese	80	27	107
Other nationality	9	3	12
Total	89	30	119

**Stimulants Clinic: Total number of individual clients who attended at least once by primary drug reported* and sex
January – December 2019**

	Male	Female	Total
Cocaine (powder)	33	13	46
Cannabis	22	2	24
Cocaine (Crack)	15	7	22
Heroin	9	7	16
Synthetic cannabinoids	8	1	9
GHB (or GBL, liquid ecstasy)	1	0	1
Amphetamine/Methamphetamines	1	0	1
Other opiates	0	0	0
None reported	0	0	0
Total	89	30	119

* Please note that this is the primary drug reported at the time when the first contact sheet was filled in and it is the primary drug used in the last 12 months. None reported refer to individuals who did not report using a drug in the last 12 months e.g. clients in rehabilitation program for 12 months, or clients previously in prison program etc. It also refers to significant others who do not report primary drug use.

**Stimulants Clinic: Total number of individual clients who attended at least once by primary drug reported* and secondary drug reported*
January – December 2019**

		Primary drug reported									
		Cocaine (powder)	Cannabis	Cocaine (crack)	Heroin	Synthetic cannabinoids	GHB (or GBL, liquid ecstasy)	Amphetamine/Methamphetamines	Ecstasy	None reported	Total
Secondary drug reported	Cannabis	11	2	4	3	1	0	0	0	0	21
	Alcohol	10	0	1	0	0	0	0	0	0	11
	Cocaine (powder)	0	9	2	0	0	0	0	0	0	11
	Ecstasy	6	2	0	0	1	0	0	0	0	9
	Cocaine (crack)	3	0	0	1	0	0	0	0	0	4
	GHB (or GBL, liquid ecstasy)	0	0	0	0	0	0	1	0	0	1
	Heroin	0	0	1	0	0	0	0	0	0	1
	LSD	0	1	0	0	0	0	0	0	0	1
	Amphetamine/Methamphetamines	0	0	1	0	0	0	0	0	0	1
	Other hallucinogen (not LSD)	0	0	0	0	0	1	0	0	0	1
	Synthetic cannabinoids	0	0	1	0	0	0	0	0	0	1
	None reported	16	10	12	12	7	0	0	0	0	57
Total	46	24	22	16	9	1	1	0	0	119	

* Please note that this is the primary and secondary drug reported by new index clients at the time when the first contact sheet was filled in and it is the primary or secondary drug used in the last 12 months. None reported refer to individuals who did not report using a drug in the last 12 months e.g. clients in a rehabilitation program for 12 months, or clients previously in prison program etc.

Stimulants Clinic: Number of sessions scheduled each month by outcome of session

January – December 2019

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Appointment kept	17	10	14	12	12	13	15	9	20	10	5	6	143
Cancelled	3	1	0	1	2	0	0	3	2	2	1	2	17
Client did not attend/absent	3	9	8	11	9	17	11	4	13	14	12	4	115
Rescheduled	0	5	1	0	4	2	0	1	0	3	1	0	17
Total	23	25	23	24	27	32	26	17	35	29	19	12	292

Stimulants Clinic: Number of session appointments kept each month by type of session held

January – December 2019

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Psycho-social session ⁷	1	0	1	1	2	1	1	0	3	2	1	1	14
Support session	0	0	1	3	0	0	0	0	0	0	0	0	4
Assessment	0	0	1	0	0	0	0	0	0	0	0	0	1
Brief intervention	0	0	0	0	0	0	0	0	0	0	0	0	0
Case conference	0	0	0	0	0	0	0	0	0	0	0	0	0
Advocacy	0	0	0	0	0	0	0	0	0	0	0	0	0
Appointment with doctor	16	10	11	8	10	12	14	9	17	8	4	5	124
Crisis intervention	0	0	0	0	0	0	0	0	0	0	0	0	0
Court visit	0	0	0	0	0	0	0	0	0	0	0	0	0
Counselling session ⁸	0	0	0	0	0	0	0	0	0	0	0	0	0
Group session	0	0	0	0	0	0	0	0	0	0	0	0	0
Not specified	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	17	10	14	12	12	13	15	9	20	10	5	6	143

⁷ In the past, it was termed counselling session only in name but it is not related to the Counselling Profession. The term actually refers to a psycho-social session conducted by a social worker. This is a session (mainly office visit) delivered by a professional as part of the care process. These sessions include but are not limited to motivational sessions, care-plan planning, monitoring of client progress and after-care sessions. The term counselling session was used in the past for standardisation of reports; however, the term is now discontinued as per Chapter 538 of the Counselling Profession Act.

⁸ This is a Counselling profession intervention as per Chapter 538, which is purely provided by a counselling professional.

**Stimulants Clinic: Number of sessions carried out each month by attendee/s
January – December 2019**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Client only	2	0	0	0	1	1	1	0	0	0	0	0	5
Client and significant other	1	0	0	0	0	0	0	0	0	0	0	0	1
Client and professional/s	11	9	14	10	10	12	13	9	18	10	5	6	127
Significant other only	0	0	0	0	0	0	0	0	0	0	0	0	0
Client, significant other and professional/s	3	1	0	2	1	0	1	0	2	0	0	0	10
Professionals only	0	0	0	0	0	0	0	0	0	0	0	0	0
Significant other and professional/s	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	17	10	14	12	12	13	15	9	20	10	5	6	143

Note: The term professional/s refers to any other professional/s attending and does not refer to the client's key worker. Significant others includes all individuals closely involved in a person's life whether this other person was attending the unit or not.

Psychological & Family Therapy Services

The aim of the Psychological Service is to provide clients and their significant others with psychotherapeutic interventions, to provide consultancy and to carry out staff supervision. The aim of the Family Therapy Service is to assess, support and offer therapy to families experiencing difficulties.

**PSS & FTS: Number of individual cases worked with in the year by type of case
January – December 2019**

	Psychological services	Family Therapy Service
Individual case	283	160
Family case	29	3

Psychological Services

PSS: Number of cases worked with in the year January – December 2019	
	2019
New	106
Re-contact	36
Known	233
Total cases worked with	375
Number of individuals worked with	352

PSS: Number of referrals, new cases, new & re-contacts cases, and closed cases by age stage January – December 2019				
	Referred	New	New & re-contact	Closed
Adult	123	68	90	76
Adolescent	35	22	35	33
Child	11	8	9	14
Age not specified	12	8	8	4
Total	181	106	142	127

PSS: Number of referrals Number of cases referred by month and year of referral							
	2013	2014	2015	2016	2017	2018	2019
Jan	13	13	18	14	11	12	10
Feb	11	13	15	15	5	14	7
Mar	24	10	21	7	14	9	23
Apr	32	18	29	11	8	14	26
May	36	14	8	7	13	21	14
Jun	21	5	22	13	10	12	8
Jul	28	15	17	6	11	17	15
Aug	24	7	12	4	10	21	19
Sep	10	10	5	3	14	22	25
Oct	14	14	16	8	11	16	16
Nov	8	10	11	6	23	10	11
Dec	2	10	3	6	14	7	7
Total	223	139	177	100	144	175	181

PSS: Number of new and re-contact cases							
Number of new and re-contact cases opened by month and year of opening							
	2013	2014	2015	2016	2017	2018	2019
Jan	11	11	28	16	5	9	14
Feb	11	24	13	7	13	19	12
Mar	6	21	9	6	8	13	9
Apr	8	18	17	8	4	11	14
May	13	9	11	7	2	17	11
Jun	9	9	16	8	5	7	11
Jul	8	11	24	5	27	14	17
Aug	5	9	5	6	14	4	4
Sep	18	4	8	7	2	16	18
Oct	9	8	9	7	11	8	16
Nov	2	10	14	3	17	15	14
Dec	7	8	9	14	6	20	2
Total	107	142	163	94	114	153	142

PSS: Number of new cases							
Number of new cases opened by month and year of opening							
	2013	2014	2015	2016	2017	2018	2019
Jan	10	10	23	15	5	6	12
Feb	10	22	10	7	13	17	10
Mar	6	19	6	6	7	10	6
Apr	7	16	17	7	4	9	13
May	13	9	10	3	2	13	11
Jun	9	8	11	6	4	4	11
Jul	8	10	22	2	23	13	12
Aug	5	8	4	6	14	2	4
Sep	18	3	6	6	1	12	5
Oct	9	7	9	7	11	6	13
Nov	2	10	12	2	16	14	7
Dec	7	8	8	14	4	18	2
Total	104	130	138	81	104	124	106

PSS: Number of new and re-contact cases opened by district January – December 2019	
	2019
Northern Harbour District	53
Southern Harbour District	23
Northern District	19
Western District	16
South Eastern District	15
Gozo and Comino	1
Shelter or institution	4
Homeless	1
Not specified	10
Total	142

PSS: Number of new and re-contact cases opened by age and sex January – December 2019				
	Male	Female	Not specified	Total
≤1	0	0	0	0
1-5	1	1	0	2
6-10	3	4	0	7
11-15	10	16	0	26
16-17	2	7	0	9
18-19	6	6	0	12
20-24	4	4	0	8
25-29	6	6	0	12
30-34	6	5	0	11
35-39	12	6	0	18
40-44	8	5	0	13
45-49	3	0	0	3
50-54	3	3	0	6
55-59	1	2	0	3
≥60	1	3	0	4
Not specified	4	4	0	8
Total	70	72	0	142

PSS: Number of cases closed							
Number of cases closed by month and year of closure							
	2013	2014	2015	2016	2017	2018	2019
Jan	2	10	11	11	11	6	5
Feb	6	10	11	4	5	11	11
Mar	5	12	9	6	0	4	7
Apr	13	22	11	13	6	8	5
May	8	15	14	13	8	17	5
Jun	10	19	10	16	11	16	4
Jul	6	15	22	6	4	10	17
Aug	6	14	12	7	9	12	10
Sep	12	5	8	2	6	8	28
Oct	10	14	20	13	12	15	16
Nov	8	2	12	8	7	7	12
Dec	12	8	19	10	6	11	7
Total	98	146	159	109	85	125	127

Family Therapy Services

FTS: Number of cases worked with in the year	
January – December 2019	
	2019
New	33
Re-contact	4
Known	133
Total cases worked with	170
Number of individuals worked with	166

**FTS: Number of referrals, new cases, new & re-contacts cases, and closed cases by
age stage
January – December 2019**

	Referred	New	New & re-contact	Closed
Adult	61	30	32	28
Adolescent	2	2	2	3
Child	1	0	0	0
Age not specified	9	1	3	5
Total	73	33	37	36

**FTS: Number of referrals
Number of cases referred by month and year of referral**

	2013	2014	2015	2016	2017	2018	2019
Jan	24	10	19	5	5	5	3
Feb	0	14	5	3	4	3	3
Mar	4	8	10	6	4	6	5
Apr	2	10	18	8	2	8	2
May	5	9	13	2	3	9	7
Jun	5	3	8	10	4	6	7
Jul	9	8	5	15	4	4	6
Aug	4	16	6	6	6	6	6
Sep	7	17	3	8	4	1	8
Oct	9	4	7	3	3	5	12
Nov	5	14	5	8	6	3	7
Dec	6	3	2	5	2	1	7
Total	80	116	101	79	47	57	73

FTS: Number of new and re-contact cases							
Number of new and re-contact cases opened by month and year of opening							
	2013	2014	2015	2016	2017	2018	2019
Jan	26	3	6	4	14	16	0
Feb	0	10	3	2	2	7	1
Mar	1	6	3	0	5	9	0
Apr	0	6	14	9	5	6	4
May	4	3	9	9	1	8	5
Jun	5	0	7	8	3	7	13
Jul	3	2	14	11	6	2	7
Aug	0	1	4	7	5	11	2
Sep	3	1	3	4	4	1	2
Oct	6	4	9	10	2	10	2
Nov	3	0	8	1	1	4	0
Dec	1	1	6	6	1	1	1
Total	52	37	86	71	49	82	37

FTS: Number of new cases							
Number of new cases opened by month and year of opening							
	2013	2014	2015	2016	2017	2018	2019
Jan	26	3	6	4	13	14	0
Feb	0	10	3	2	1	6	1
Mar	1	5	3	0	5	8	0
Apr	0	6	14	9	5	5	4
May	4	3	9	9	0	8	5
Jun	5	0	7	7	2	6	9
Jul	2	2	14	5	6	2	7
Aug	0	1	4	7	5	10	2
Sep	3	1	3	4	4	1	2
Oct	6	4	9	10	2	10	2
Nov	3	0	8	1	1	4	0
Dec	1	1	5	6	1	1	1
Total	51	36	85	64	45	75	33

FTS: Number of new and re-contact cases opened by district January – December 2019	
	2019
Northern Harbour District	14
Northern District	8
South Eastern District	5
Southern Harbour District	5
Western District	3
Gozo and Comino	0
Shelter or institution	1
Not specified	1
Total	37

FTS: Number of new and re-contact cases opened by age and sex January – December 2019				
	Male	Female	Not specified	Total
≤1	0	0	0	0
1-5	0	0	0	0
6-10	0	0	0	0
11-15	0	1	0	1
16-17	0	1	0	1
18-19	0	0	0	0
20-24	1	1	0	2
25-29	0	0	0	0
30-34	1	2	0	3
35-39	1	5	0	6
40-44	0	7	0	7
45-49	1	3	0	4
50-54	0	3	0	3
55-59	2	2	0	4
≥60	0	3	0	3
Not specified	1	2	0	3
Total	7	30	0	37

FTS: Number of cases closed
Number of cases closed by month and year of closure

	2013	2014	2015	2016	2017	2018	2019
Jan	2	13	5	3	4	4	2
Feb	0	4	7	5	3	7	5
Mar	1	5	2	3	4	5	1
Apr	0	5	8	5	0	1	0
May	1	8	5	5	0	0	0
Jun	0	0	6	5	1	2	8
Jul	0	5	6	8	7	0	7
Aug	0	1	3	5	0	4	1
Sep	5	2	4	4	5	3	3
Oct	1	3	4	10	2	0	3
Nov	0	3	2	1	2	12	3
Dec	1	3	7	4	0	0	3
Total	11	52	59	58	28	38	36

Substance Misuse Out-patient Unit

The aim of the Substance Misuse Out-patient Unit (SMOPU/Detox) is to assess drug users, provide medical treatment and social and psychological support.

SMOPU: Total number of individual clients who attended at least once by status and sex January – December 2019

	Male	Female	Total
New clients	18	8	26
Re-contact clients	33	11	44
Known clients	756	186	942
Total	807	205	1012

SMOPU: Total number of clients who have attended each month by status January – December 2019

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
New clients	3	1	4	3	2	1	4	2	1	3	2	0
Re-contact clients	6	7	4	1	2	3	4	2	6	5	3	1
Known clients	815	814	805	791	796	815	812	822	812	810	798	801
Total	824	822	813	795	800	819	820	826	819	818	803	802

**SMOPU: Total number of new and re-contact individual clients who attended at least once by reported primary drug and secondary drug*
January – December 2019**

		Primary Drug reported								
		Heroin	Cocaine	Cannabis	Ecstasy	Analgesics	LSD	Amphetamines	Other Opiates	Total
Secondary Drug	Cannabis	287	8	0	0	0	0	0	0	295
	Cocaine	241	0	4	1	0	1	0	0	247
	Heroin	0	19	7	0	0	0	0	0	26
	LSD	24	0	1	0	0	0	0	0	25
	Ecstasy	9	1	1	0	0	0	0	0	11
	Alcohol	1	0	0	0	0	0	0	0	1
	Barbiturates	1	0	0	0	0	0	0	0	1
	Minor tranquilizers	1	0	0	0	0	0	0	0	1
	None reported	396	4	3	1	1	0	0	0	405
	Total	960	32	16	2	1	1	0	0	1012

* Please note that this is the primary and secondary drug reported by new or re-contact clients as being used in the last 12 months at the time when the first contact sheet was filled in.

**SMOPU: Total number of individual clients who attended at least once by age and sex
January – December 2019**

	Male	Female	Total
≤17	0	0	0
18-19	0	0	0
20-24	6	2	8
25-29	56	30	86
30-34	125	47	172
35-39	178	49	227
40-44	203	41	244
45-49	126	18	144
50-54	65	9	74
55-59	32	8	40
≥60	16	1	17
Not specified	0	0	0
Total	807	205	1012

SMOPU: Total number of individual clients who attended at least once by age and status

January – December 2019

	New clients	Re-contact clients	Known clients	Total
≤17	0	0	0	0
18-19	0	0	0	0
20-24	1	0	7	8
25-29	9	6	71	86
30-34	6	14	152	172
35-39	2	9	216	227
40-44	2	8	234	244
45-49	6	4	134	144
50-54	0	2	72	74
55-59	0	0	40	40
≥60	0	1	16	17
Not specified	0	0	0	0
Total	26	44	942	1012

SMOPU: Total number of individual clients who attended at least once by status and nationality

January – December 2019

	Maltese	Non-Maltese	Total
New clients	18	8	26
Re-contact clients	41	3	44
Known clients	904	38	942
Total	963	49	1012

SMOPU: Amount of Methadone in litres distributed to clients at each month

January – December 2019

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Methadone	1132.1	1027.2	1130.8	1107.8	1117.7	1077.4	1128.5	1106.5	1076.0	1122.5	1067.2	1124.2

**SMOPU: Maximum dose of Methadone given to new/re-contact and known clients each month
January – December 2019**

New/re-contact clients												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
≤ 39cc	3	1	2	3	1	1	2	1	2	2	2	0
40-59cc	2	1	1	1	2	2	1	0	1	0	2	0
60-79cc	1	2	0	0	0	0	0	0	0	0	0	0
80-99cc	0	1	0	0	0	1	1	0	0	0	0	0
≥ 100cc	0	0	0	0	0	0	0	0	0	0	0	0
Known clients												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
≤ 39cc	190	195	184	183	186	197	203	195	193	193	190	180
40-59cc	223	214	221	219	222	214	206	226	218	213	210	212
60-79cc	187	185	182	179	174	180	180	177	177	180	177	187
80-99cc	95	102	104	104	102	101	102	100	104	98	97	97
≥ 100cc	42	41	41	40	42	40	41	42	43	45	47	47

**SMOPU: Type of treatment ever received* by new/re-contact and known clients by month
January – December 2019**

New/re-contact clients												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Methadone	6	5	3	4	3	4	4	1	3	2	4	0
Suboxone	1	0	0	0	0	0	0	0	0	1	0	0
Other	0	0	0	0	0	0	0	0	0	0	0	0
Symptomatic	0	1	0	0	0	0	0	0	0	0	0	0
Known clients												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Methadone	737	737	732	725	726	732	732	740	735	729	721	723
Suboxone	35	38	38	39	37	41	39	40	37	37	35	33
Other	2	1	1	1	0	1	1	1	0	0	0	0
Symptomatic	38	38	33	25	37	40	38	52	60	45	46	56

**clients may be receiving more than one form of treatment at the same time*

**SMOPU: Total number of clients (new/re-contact and known) attending by month and substitution or symptomatic treatment received
January – December 2019**

New/re-contact clients												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Only substitution treatment	7	5	3	4	3	4	6	3	4	4	4	0
Only symptomatic treatment	0	1	0	0	0	0	1	0	0	1	1	0
Substitution with symptomatic treatment	0	0	0	0	0	0	0	0	0	0	0	0
No treatment	2	2	5	0	1	0	1	1	3	3	0	1
Total treatment	9	8	8	4	4	4	8	4	7	8	5	1
Known clients												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Only substitution treatment	767	768	764	760	756	766	766	762	747	758	748	741
Only symptomatic treatment	31	30	26	21	30	33	32	34	35	37	38	41
Substitution with symptomatic treatment	7	8	7	4	7	7	6	18	25	8	8	15
No treatment	10	8	8	6	3	9	8	8	5	7	4	4
Total treatment	815	814	805	791	796	815	812	822	812	810	798	801

**SMOPU: The number of individual clients who attended at least once by status and type of treatment combinations received* in the year
January – December 2019**

Type of treatment				
	New	Re-contact	Known	Total
Methadone	15	33	831	879
Suboxone	3	1	58	62
Other substitution	0	0	4	4
Symptomatic treatment	1	4	154	159
Received substitution or symptomatic				
	New	Re-contact	Known	Total
Only substitute treatment	15	30	749	794
Only symptomatic treatment	0	0	33	33
Substitute with symptomatic treatment	1	4	121	126
No treatment	10	10	39	59
Total treatment	26	44	942	1012

**clients may be receiving more than one form of treatment at the same time*

**SMOPU: The total number of individual clients who attended at least once by district of residence and status
January – December 2019**

	New	Re-contact	Known	Total
Southern Harbour District	7	14	381	402
Northern Harbour District	10	14	290	314
South Eastern District	5	7	113	125
Northern District	2	7	83	92
Western District	2	1	69	72
Gozo and Comino	0	0	3	3
Foreign residence	0	0	3	3
Shelter	0	1	0	1
Homeless	0	0	0	0
Not specified	0	0	0	0
Total	26	44	942	1012

**SMOPU: Number of HIV, Hepatitis B and Hepatitis C tests conducted each month
January – December 2019**

HIV													
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Positive	0	0	0	0	0	0	0	0	0	0	0	0	0
Negative	18	16	13	12	15	9	22	23	22	4	12	19	185
Inconclusive	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	18	16	13	12	15	9	22	23	22	4	12	19	185
Hepatitis B													
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Positive	1	0	0	0	0	0	0	0	0	0	0	0	1
Negative	17	17	14	12	16	6	23	21	22	5	11	20	184
Inconclusive	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	18	17	14	12	16	6	23	21	22	5	11	20	185
Hepatitis C													
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Positive	15	15	10	10	12	9	10	11	18	10	6	11	137
Negative	12	9	13	10	13	4	22	14	14	11	11	13	146
Inconclusive	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	27	24	23	20	25	13	32	25	32	21	17	24	283

SMOPU: Clients attending the Dual Diagnosis Clinic each month

January – December 2019

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
New clients	2	4	6	6	9	6	9	3	6	4	3	0
Sessions held	36	30	36	43	38	39	51	44	44	32	26	32
Did not come for appointment	30	32	34	27	32	35	45	43	35	39	37	20

Social work unit

SMOPU SW: The total number of clients attending each month by type of client

January – December 2019

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Index person	438	365	307	377	394	280	292	295	350	403	371	190
Significant other	32	29	26	33	30	30	33	28	36	37	37	25
Total	470	394	333	410	424	310	325	323	386	440	408	215

SMOPU SW: The number of interventions/activities conducted with clients attending each month by type of activity

January – December 2019

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Outreach	218	184	156	179	183	158	169	166	205	233	191	138	2180
Support sessions	83	65	56	61	83	46	55	55	56	57	65	29	711
Meeting with other professionals	66	63	37	59	59	40	56	58	49	69	63	29	648
Assessments	36	24	22	21	24	21	17	17	23	26	34	16	281
Out-referrals to other Sedqa units	28	26	16	28	27	23	23	29	21	22	19	5	267
Out-referrals to units external to Sedqa	20	18	22	19	28	17	15	15	15	15	18	8	210
Reports or contacts	12	13	16	20	22	22	17	10	16	16	23	10	197
Crisis intervention	20	12	14	14	20	11	8	13	12	9	11	9	153
Case conferences, reviews or meetings	2	2	1	4	2	3	2	4	3	7	4	3	37
Other	1	2	0	1	3	0	3	1	0	2	4	1	18
Total	486	409	340	406	451	341	365	368	400	456	432	248	4702

Substance Misuse In-patients Unit

The Substance Misuse In-patient Unit (SMIPU) aims to assist individuals to come off drugs in a safe and controlled residential environment and prepare them for subsequent stages of rehabilitation

**SMIPU: Number of clients attending each month by age and sex
January – December 2019**

	Jan		Feb		Mar		Apr		May		Jun		Jul		Aug		Sep		Oct		Nov		Dec	
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F
≤17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0
18-19	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20-24	1	0	1	0	2	0	1	0	1	0	2	0	1	0	1	0	1	0	1	0	0	0	0	0
25-29	1	1	2	0	1	0	4	0	3	0	2	0	1	0	0	2	1	0	1	0	1	0	4	0
30-34	4	1	1	2	6	1	0	1	6	2	5	1	4	0	3	0	2	0	2	0	3	0	1	0
35-39	1	2	1	1	4	1	5	0	5	1	3	0	4	0	2	0	4	0	6	0	3	0	2	0
40-44	2	0	4	0	1	0	3	1	2	1	1	0	3	0	4	0	2	0	4	0	1	0	0	1
45-49	0	0	1	0	1	2	2	2	0	0	1	0	2	0	3	0	1	1	2	0	1	0	1	1
50-54	2	0	1	0	0	0	3	0	1	0	1	0	2	0	2	0	3	0	2	0	3	0	0	0
55-59	1	0	0	0	1	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0
≥60	1	0	1	1	1	1	0	0	0	1	0	0	1	0	1	0	0	0	0	0	0	0	1	0
NS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	13	4	12	4	17	5	18	4	19	5	15	1	19	0	17	2	14	1	18	0	12	0	9	2

**SMIPU: Clients attending each month by programme status
January – December 2019**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
From previous month	0	5	4	1	6	1	3	5	2	3	2	3
Newly admitted	3	1	9	8	7	5	3	4	3	3	2	4
Re-admitted	14	10	9	13	11	10	13	10	10	12	8	4
Total	17	16	22	22	24	16	19	19	15	18	12	11
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Self-terminated	3	3	9	3	8	2	7	5	4	8	4	2
Disciplinary cessation	0	0	1	1	0	1	0	0	0	0	0	0
Programme completed	9	9	11	12	15	10	7	12	8	8	5	9
Transferred	0	0	0	0	0	0	0	0	0	0	0	0
Remain in programme	5	4	1	6	1	3	5	2	3	2	3	0

**SMIPU: Total number of individual clients who attended at least once by
status and sex
January – December 2019**

	Male	Female	Total
New	44	8	52
Re-contact	87	12	99
Total	131	20	151

The number of clients who attended more than once in the same period of time (re-admitted in the same period of time)

	Male	Female	Total
Re-admitted	23	2	25

Note: 151 individuals, 21 of which attended more than once (25 re-admissions) = total of 176 admissions

**SMIPU: Total number of individual clients who attended at least once by age
and sex
January – December 2019**

	Male	Female	Total
≤17	1	0	1
18-19	1	0	1
20-24	8	0	8
25-29	10	2	12
30-34	25	4	29
35-39	37	5	42
40-44	19	3	22
45-49	14	5	19
50-54	9	0	9
55-59	3	0	3
≥60	4	1	5
Not specified	0	0	0
Total	131	20	151

**SMIPU: Total number of individual clients who attended at least once by age and status
January – December 2019**

	New clients	Re-contact clients	Total
≤17	1	0	1
18-19	1	0	1
20-24	8	0	8
25-29	3	9	12
30-34	13	16	29
35-39	9	33	42
40-44	3	19	22
45-49	7	12	19
50-54	3	6	9
55-59	1	2	3
≥60	3	2	5
Not specified	0	0	0
Total	52	99	151

**SMIPU: Total number of individual clients who attended at least once by district of residence and sex
January – December 2019**

	Male	Female	Total
Northern Harbour District	44	2	46
Southern Harbour District	35	9	44
South Eastern District	20	6	26
Western District	15	1	16
Northern District	11	2	13
Gozo District	3	0	3
Shelter	0	0	0
Homeless	3	0	3
Foreign residence	0	0	0
Not specified	0	0	0
Total	131	20	151

**SMIPU: Clients attending each month by treatment
January – December 2019**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Alcohol detoxification	4	3	7	4	6	3	3	2	4	3	4	5
Clonidine	3	6	6	9	9	3	4	4	3	4	0	3
Detoxification	0	0	0	1	0	1	0	0	0	0	0	0
Methadone reduction	2	0	4	1	1	4	2	2	2	3	4	1
Methadone stabilisation	4	4	0	2	4	0	2	2	1	6	4	1
Naltrexone	0	0	0	0	0	0	0	0	0	0	0	0
Observation	0	0	0	0	0	0	0	0	0	0	0	0
Suboxone	1	2	1	0	0	0	4	2	0	0	0	0
Time out	3	1	4	5	4	5	4	7	5	2	0	1
Other	0	0	0	0	0	0	0	0	0	0	0	0
Total	17	16	22	22	24	16	19	19	15	18	12	11

**SMIPU: Total number of days and nights stayed by clients* who attended
January – December 2019**

	Days	Bed Nights
Total number	1289	1113
Average per client	7.3	6.3

* 151 individuals, 21 of which attended more than once (25 re-admissions) = total of 176 admissions

**SMIPU: Total number of clients* who attended by programme status and sex
January – December 2019**

	Male	Female	Total
Completed	95	20	115
Self-terminated	56	2	58
Disciplinary cessation	3	0	3
Transferred	0	0	0
Still in the program at the end of the reporting period	0	0	0
Total	154	22	176

* 151 individuals, 21 of which attended more than once (25 re-admissions) = total of 176 admissions

**SMIPU: Place of referral of clients after completing the programme each month
January – December 2019**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Community/ home	3	4	6	4	6	6	4	6	4	5	3	3
Shelter	2	0	2	1	3	1	1	1	2	0	2	2
Caritas	0	0	0	0	0	0	0	0	1	0	0	0
OASI	0	0	1	3	0	0	0	3	0	1	0	1
Sedqa residential rehabilitation program	4	5	2	3	6	2	2	2	1	2	0	3
Medical or mental health service	0	0	0	1	0	0	0	0	0	0	0	0
Other program	0	0	0	0	0	1	0	0	0	0	0	0
Total	9	9	11	12	15	10	7	12	8	8	5	9

Sedqa Residential Rehabilitation Programme

In 2019, the various residential rehabilitation programs concerning substance abuse were combined together to form one unit with phases. These programs consisted of what was previously known as the Assessment and Stabilisation Unit (ASU), Komunità Santa Marija (KSM), and the Alcohol Rehabilitation Programme (Zerniq).

In this report, the phases are still reported separately so that data can be compared to past reports.

Phase 1: previously known as Assessment and Stabilisation Unit (ASU)

Phase1: Total number of individual clients who attended at least once by status and sex			
January – December 2019			
	Male	Female	Total
New	32	8	40
Re-contact	9	1	10
Known	4	0	4
Total	45	9	54
The number of individual clients who attended more than once in the same period of time (readmitted in the same period of time)			
	Male	Female	Total
Re-admitted	2	0	2

Note: 52 individuals, 2 of which attended more than once (2 re-admissions) = 54 total admissions

Phase1: Total number of individual clients who attended at least once by age and sex

January – December 2019

	Male	Female	Total
≤17	0	0	0
18-19	1	0	1
20-24	7	0	7
25-29	6	2	8
30-34	7	3	10
35-39	12	3	15
40-44	3	0	3
45-49	4	1	5
50-54	2	0	2
55-59	1	0	1
≥60	0	0	0
Not specified	0	0	0
Total	43	9	52

Phase1: Total number of individual clients who attended at least once by district of residence and sex

January – December 2019

	Male	Female	Total
Southern Harbour District	15	3	18
Northern Harbour District	11	2	13
South Eastern District	6	2	8
Western District	5	0	5
Northern District	4	0	4
Gozo District	0	1	1
Shelter	0	0	0
Homeless	2	1	3
Foreign residence	0	0	0
Not specified	0	0	0
Total	43	9	52

**Phase1: Total number of clients by primary drug/ issue reported* and status
January – December 2019**

	New clients	Re-contact clients	Known clients	Total
Cocaine (powder)	13	3	4	20
Heroin	12	5	0	17
Alcohol	8	0	0	8
Synthetic cannabinoids	4	2	0	6
Cocaine (Crack)	3	0	0	3
Total	40	10	4	54

* Please note that this is the primary drug/ issue reported at first contact with the client

**Phase1: Total number of new and re-contact clients by primary and secondary drug/issue reported *
January – December 2019**

		Primary drug/ issue reported							
		Heroin	Cocaine (powder)	Alcohol	Synthetic cannabinoids	Cocaine (Crack)	Ecstasy	None specified	Total
Secondary drug reported	Heroin	0	8	0	0	1	0	0	9
	Cocaine (powder)	7	0	1	0	0	0	0	8
	Cannabis	1	0	0	0	1	0	0	2
	Alcohol	0	0	0	0	0	0	0	0
	Synthetic drug	0	0	0	0	0	0	0	0
	None reported	9	8	7	6	1	0	0	31
	Total	17	16	8	6	3	0	0	50

* Please note that this is the primary and secondary drug/ issue reported by new or re-contact clients at the time when the first contact sheet was filled in.

**Phase1: Total number of days and nights stayed by clients* who attended
January – December 2019**

	Days	Bed Nights
Total number	1964	1910
Average per client	36.37	35.37

*52 individuals, 2 of which attended more than once (2 re-admissions) = 54 total admissions

**Phase1: Total number of clients* who attended by programme status and sex
January – December 2019**

	Male	Female	Total
Completed	18	1	19
Self-terminated	17	5	22
Disciplinary cessation	7	2	9
Sentenced	0	0	0
Transferred	0	0	0
Still in the program at the end of the reporting period	3	1	4
Total	45	9	54

**52 individuals, 2 of which attended more than once (2 re-admissions) = 54 total admissions*

Phase 2: previously known as Kommunita' Santa Marija (KSM)

Phase2: Total number of individual clients who attended at least once by status and sex			
January – December 2019			
	Male	Female	Total
New	12	1	13
Re-contact	6	0	6
Known	2	0	2
Total	20	1	21
The number of individual clients who attended more than once in the same period of time (readmitted during the same period of time)			
Re-admitted	0	0	0
<i>Note: 21 individuals, 0 of which attended more than once (0 re-admissions) = total of 21 admissions</i>			

Phase2: Total number of individual clients who attended at least once by age and sex			
January – December 2019			
	Male	Female	Total
≤17	0	0	0
18-19	0	0	0
20-24	3	0	3
25-29	3	0	3
30-34	3	0	3
35-39	6	1	7
40-44	1	0	1
45-49	2	0	2
50-54	2	0	2
55-59	0	0	0
≥60	0	0	0
Not specified	0	0	0
Total	20	1	21

**Phase2: Total number of individual clients who attended at least once by district of residence and sex
January – December 2019**

	Male	Female	Total
Northern Harbour District	7	0	7
Southern Harbour District	7	0	7
South Eastern District	1	1	2
Western District	2	0	2
Northern District	1	0	1
Gozo District	0	0	0
Shelter	0	0	0
Homeless	2	0	2
Foreign residence	0	0	0
Not specified	0	0	0
Total	20	1	21

**Phase2: Total number of clients by primary drug/ issue reported* and status
January – December 2019**

	New clients	Re-contact clients	Known clients	Total
Cocaine (powder)	4	4	0	8
Alcohol	6	0	0	6
Heroin	1	2	2	5
Cocaine (Crack)	1	0	0	1
Synthetic cannabinoids	1	0	0	1
Total	13	6	2	21

** Please note that this is the primary drug/ issue reported at first contact with the client*

Phase2: Total number of new and re-contact clients by primary and secondary drug/issue reported *
January – December 2019

		Primary drug/ issue reported							
		Cocaine (powder)	Alcohol	Heroin	Cocaine (crack)	Synthetic cannabinoids	Ecstasy	None specified	Total
Secondary drug reported	Heroin	6	0	0	0	0	0	0	6
	Cocaine (powder)	0	1	1	0	0	0	0	2
	Cannabis	0	0	0	1	0	0	0	1
	Alcohol	0	0	0	0	0	0	0	0
	Synthetic drug	0	0	0	0	0	0	0	0
	None reported	2	5	2	0	1	0	0	10
	Total	8	6	3	1	1	0	0	19

** Please note that this is the primary and secondary drug/ issue reported by new or re-contact clients at the time when the first contact sheet was filled in.*

Phase2: Total number of days and nights stayed by clients* who attended
January – December 2019

	Days	Bed Nights
Total number	1719	1700
Average per client	90.47	89.47

**21 individuals, 0 of which attended more than once (0 re-admissions) = total of 21 admissions*

Phase2: Total number of clients* by programme outcome and sex
January – December 2019

	Male	Female	Total
Completed the programme	5	0	5
Self-terminated	5	1	6
Disciplinary cessation	1	0	1
Sentenced	0	0	0
Referred to another programme	0	0	0
Remain in the programme	9	0	9
Total	20	1	21

**21 individuals, 0 of which attended more than once (0 re-admissions) = total of 21 admissions*

Phase 3: previously known as Alcohol Rehabilitation Programme (Zerniq)

Phase3: Total number of individual clients who attended at least once by status and sex January – December 2019			
	Male	Female	Total
New	2	0	2
Re-contact	3	0	3
Known	1	0	1
Total	6	0	6
The number of individual clients who attended more than once in the same period of time (readmitted during the same period of time)			
Re-admitted	0	0	0

Note: 6 individuals, 0 of which attended more than once (0 re-admissions) = total of 6 admissions

Phase3: Total number of individual clients who attended at least once by age and sex January – December 2019			
	Male	Female	Total
≤17	0	0	0
18-19	0	0	0
20-24	1	0	1
25-29	1	0	1
30-34	0	0	0
35-39	1	0	1
40-44	1	0	1
45-49	2	0	2
50-54	0	0	0
55-59	0	0	0
≥60	0	0	0
Not specified	0	0	0
Total	6	0	6

**Phase3: Total number of individual clients who attended at least once by district of residence and sex
January – December 2019**

	Male	Female	Total
Southern Harbour District	3	0	3
Western District	2	0	2
Northern Harbour District	1	0	1
Northern District	0	0	0
South Eastern District	0	0	0
Gozo District	0	0	0
Shelter	0	0	0
Homeless	0	0	0
Foreign residence	0	0	0
Not specified	0	0	0
Total	6	0	6

**Phase3: Total number of clients by primary drug/ issue reported* and status
January – December 2019**

	New clients	Re-contact clients	Known clients	Total
Cocaine (powder)	1	2	1	4
Alcohol	1	0	0	1
Heroin	0	1	0	1
Cocaine (Crack)	0	0	0	0
Synthetic cannabinoids	0	0	0	0
None specified	0	0	0	0
Total	2	3	1	6

* Please note that this is the primary drug/ issue reported at first contact with the client

Phase3: Total number of new and re-contact clients by primary and secondary drug/issue reported *										
January – December 2019										
		Primary drug/ issue reported								
		Cocaine (powder)	Alcohol	Heroin	Synthetic cannabinoids	Cocaine (crack)	Ecstasy	None specified	Total	
Heroin		2	0	0	0	0	0	0	2	
Secondary drug reported	Cocaine (powder)	0	0	0	0	0	0	0	0	
	Alcohol	0	0	0	0	0	0	0	0	
	Cocaine (crack)	0	0	0	0	0	0	0	0	
	Synthetic drug	0	0	0	0	0	0	0	0	
	None reported	1	1	1	0	0	0	0	3	
	Total	3	1	1	0	0	0	0	0	5

* Please note that this is the primary and secondary drug/ issue reported by new or re-contact clients at the time when the first contact sheet was filled in.

Phase3: Total number of days and nights stayed by clients* who attended		
January – December 2019		
	Days	Bed Nights
Total number	695	689
Average per client	115.83	114.83

*6 individuals, 0 of which attended more than once (0 re-admissions) = total of 6 admissions

Phase3: Total number of clients* by programme outcome and sex			
January – December 2019			
	Male	Female	Total
Completed the programme	0	0	0
Self-terminated	2	0	2
Disciplinary cessation	1	0	1
Sentenced	0	0	0
Referred to another programme	0	0	0
Remain in the programme	3	0	3
Total	6	0	6

*6 individuals, 0 of which attended more than once (0 re-admissions) = total of 6 admissions

Glossary of Terms

Variable	Definition
Case Conference	A meeting held between two or more care professional/s to discuss the case of a particular client. The client is usually present for part of this meeting.
Case Worked With	The total number of cases which were new, re-contact or known in the reporting year. This does not indicate the number of individuals as some individuals could attend the service more than once in the same reporting year. For example 1 individual may have re-contacted the service 3 times in the same year and would account for 3 cases worked with in the same year. This excludes persons who were referred but their case was never opened.
Completed (Programme):	A programme that the client has finished and departed from with the consent of care professional/s. Clients following a residential programme usually return to their home (community setting). Upon programme completion clients are usually re-referred to the agency's community care services.
Crisis Intervention Session	A session carried out with a client and/or significant other because of an acute situation encountered requiring rapid intervention.
Disciplinary Cessation	The withdrawal of a client from a programme for breaking the rules.
Family Session	A face-to-face intervention usually involving the client and one (or more) family member(s) or significant other(s).
Group Session	Regular sessions conducted by one (or more) care professional/s attended by a number of clients (and/or significant others).
Index Person	The person with the actual problem e.g. drug addiction, addiction to gambling etc, for which the person is seeking assistance from Sedqa.
Individual Worked With	The total number of individuals whose case was new, re-contact or known at least once in the year. This excludes cases re-opened or re-admitted in the same year for the same person and excludes persons who were referred but their case was never opened.
Known Clients	Cases which were activated or opened in the previous reporting years and they are still active in the current reporting year. This may also be referred to as cases carried over from previous years.

Lost Contact (terminated without notice)	Clients who were in contact with the care services but who have not been in contact recently and they have not made any attempt to re-contact the service.
Methadone (litres) amount of	The quantity of methadone distributed (in litres) by a centre per month. See Substitute Therapy.
Nationality:	An individual is classified as Maltese if they either: (1) were born in Malta; (2) possess a Maltese passport; or (3) have resided in Malta more than 6 months. An individual is classified as Non-Maltese if they do not fulfil any of the above criteria.
New Clients	A new case which was opened or activated for the first time ever within the reporting year and which was never previously worked with
Not Specified (NS)	A variable that cannot be specified because of a lack of information.
Other	Treatment, issue or location not elsewhere specified.
Outreach	Engaging with service users who are not stationary but rather at locations where the need is. For example during dispensation of methadone or near doctors' offices. Outreach mainly has an educational role by raising awareness about existing services.
Previous Month (From):	A continuation of client contact from the preceding to the present month with the care services providing treatment and/or rehabilitation.
Primary Problem	Clients often present with a complexity of issues. The primary issue is the only, main, or first issue recorded as identified by the client or the professional.
Programme Status	The different stages of the rehabilitation/ treatment programme.
Re-admitted	A case which was admitted and closed in the past and started again in the program within the current reporting year
Re-contact	A case which was worked with at the service and closed in the past and it has been re-activated or re-opened within the current reporting year
Referred Clients	The period when a case was referred to the unit. A referral is when an individual's details has been given to the services by another person or the person themselves to request assistance. A case may be referred more than once in a year. Some cases may be referred but placed on a waiting list or not taken up because the service was not appropriate for the person's needs. Contact is then made either by phone or through a visit.
Remain in Programme	Clients who have stayed in contact, from one month to the next, with the unit providing care services.
Self-Terminated/ Terminated Against Advice	Client's withdrawal from a treatment or rehabilitation programme without the consent of the care professional/s.

Significant Other	An individual who is closely involved in a client's life, e.g. partner, family, friends, employer etc.
Substitution Treatment	The substitution of the harmful drug, for example heroin, with a less harmful one with similar pharmacological properties, such as Methadone.
Symptomatic Treatment	Treatment for the relief of withdrawal symptoms such as nausea, vomiting, diarrhoea, back pain, insomnia, and depression using non-narcotic means.
Transferred	The client is transferred to another unit or agency, which will be better cater for the client's needs.

Maltese Districts

Northern Harbour District	Birkirkara, Gzira, Hamrun, Msida, Pembroke, Pieta, Qormi, San Giljan, San Gwann, Santa Venera, Sliema, Swieqi, Ta Xbiex.
Southern Harbour District	Birgu, Bormla, Fgura, Floriana, Isla, Kalkara, Luqa, Marsa, Paola, Santa Lucija, Tarxien, Valletta, Xaghjra, Zabbar.
South Eastern District	Birzebbugia, Ghaxaq, Gudja, Kirkop, Marsaskala, Marsaxlokk, Mqabba, Qrendi, Safi, Zejtun, Zurrieq.
Western District	Attard, Balzan, Dingli, Iklin, Lija, Mdina, Mtarfa, Rabat, Siggiewi, Zebbug.
Northern District	Gharghur, Mellieha, Mgarr, Mosta, Naxxar, San Pawl il Bahar.
Gozo and Comino	Rabat, Fontana, Ghajnsielem, Gharb, Ghasri, Kercem, Munxar, Nadur, Qala, San Lawrenz, Sannat, Xaghra, Xewkija, Zebbug, Comino
Homeless	Not residing within any residence
Shelter/Institution	Resides in a residential home, shelter e.g. Ghabex or YMCA, in prison or Hospital e.g Mount Carmel Hospital.
Not residing in Malta	Resides in a foreign country and is in Malta for a short stay.

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